

**Πρόγραμμα Μεταπτυχιακών Σπουδών Εξειδίκευσης  
Του Τμήματος Φιλολογίας του Δημοκριτείου Πανεπιστημίου Θράκης  
σε συνεργασία με το  
ΕΚΕΦΕ Δημόκριτος – Ινστιτούτο Πληροφορικής και Επικοινωνιών  
με τίτλο «Εξειδίκευση στις Τ.Π.Ε. και Ειδική Αγωγή – Ψυχοπαιδαγωγική της ένταξης»**

**ΔΙΑΤΑΡΑΧΕΣ ΤΗΣ ΚΙΝΗΤΙΚΗΣ ΣΥΝΑΡΜΟΓΗΣ ΣΕ ΠΑΙΔΙΑ ΠΡΩΤΟΣΧΟΛΙΚΗΣ  
ΗΛΙΚΙΑΣ: Η ΕΠΙΔΡΑΣΗ ΤΟΥ ΦΥΛΟΥ – ΑΝΙΧΝΕΥΣΗ ΜΕ ΤΗ ΧΡΗΣΗ ΤΗΣ  
ΔΕΣΜΗΣ ΔΕΚΑ-ΠΡΟ**

**DEVELOPMENTAL COORDINATION DISORDER IN EARLY SCHOOL AGED  
CHILDREN: GENDER EFFECT – SCREENING VIA THE DEMOST-PRE BATTERY**

Της Κωνσταντινίδου Μαρίας – Αθανασίας

Μεταπτυχιακή διατριβή που υποβάλλεται  
στην τριμελή επιτροπή για την απόκτηση του μεταπτυχιακού τίτλου του  
Προγράμματος Μεταπτυχιακών Σπουδών Εξειδίκευσης  
Του Τ.Ε.Φ – Δ.Π.Θ. σε συνεργασία με το Ε.Κ.Ε.Φ.Ε. Δημόκριτος – Ινστιτούτο  
Πληροφορικής και Επικοινωνιών

Με τίτλο «Εξειδίκευση στις Τ.Π.Ε. και Ειδική Αγωγή – Ψυχοπαιδαγωγική της Ένταξης»

**Η τριμελής επιτροπή:**

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| 1. ΚΑΜΠΑΣ ΑΝΤΩΝΗΣ                    | ΚΑΘΗΓΗΤΗΣ ΤΕΦΑΑ ΔΠΘ                        |
| 2. ΚΑΡΑΜΠΑΤΖΑΚΗ ΖΩΗ<br>«ΔΗΜΟΚΡΙΤΟΣ»  | ΣΥΝΕΡΓΑΖΟΜΕΝΗ ΕΡΕΥΝΗΤΡΙΑ Ι.Π.Τ. Ε.Κ.Ε.Φ.Ε. |
| 3. ΣΤΑΘΟΠΟΥΛΟΥ ΑΓΑΘΗ<br>«ΔΗΜΟΚΡΙΤΟΣ» | ΣΥΝΕΡΓΑΤΙΔΑ ΕΡΕΥΝΗΤΡΙΑ Ι.Π.Τ. Ε.Κ.Ε.Φ.Ε.   |

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## ΠΕΡΙΛΗΨΗ

Η παρούσα έρευνα μελετά την συχνότητα εμφάνισης σοβαρών ή ήπιων κινητικών δυσκολιών σε παιδιά τυπικού πληθυσμού πρώτης σχολικής ηλικίας σε συνδυασμό με την επίδραση του φύλου στις επιδόσεις τους, στα 9 τεστ της δέσμης ΔΕΚΑ – ΠΡΟ. Το δείγμα αποτέλεσαν 91 παιδιά (η=91), 45 αγόρια και 46 κορίτσια Α' τάξης, Μ.Ο. ηλικίας 86 μηνών, που φοιτούν σε δημόσια Δημοτικά σχολεία του νομού Αττικής. Το εργαλείο που χρησιμοποιήθηκε είναι η δέσμη ανίχνευσης ΔΕΚΑ – ΠΡΟ, ενώ οι μετρήσεις έλαβαν χώρα σε κλειστό χώρο (αίθουσα του σχολείου) σε διάστημα 2 εβδομάδων. Από τη στατιστική επεξεργασία των αποτελεσμάτων της έρευνας παρατηρήθηκε πως η επίδραση του φύλου δεν είναι στατιστικά σημαντική στις επιδόσεις των παιδιών του δείγματος, παρεκτός στο 6<sup>ο</sup> τεστ «Στόχευση με το χέρι». Συμπερασματικά, αναφορικά με τη συχνότητα εμφάνισης κινητικών δυσκολιών, φάνηκε ότι ένα σημαντικό ποσοστό των παιδιών του δείγματος παρουσίασε, στην πλειονότητα των τεστ της δέσμης σοβαρές ή λιγότερο σοβαρές κινητικές δυσλειτουργίες, ενώ σχετικά με την επίδραση του φύλου, βρήκαμε ότι η συγκεκριμένη δέσμη ανιχνεύει τις κινητικές δυσκολίες ανεξάρτητα από το φύλο.

**ΛΕΞΕΙΣ ΚΛΕΙΔΙΑ:** Κινητική ανάπτυξη, κινητική συναρμογή, εργαλεία κινητικής ανίχνευσης, κινητική αδεξιότητα, επίδραση του φύλου.

## ABSTRACT

The purpose of this study was to ascertain the prevalence of DCD in Greek primary school children aged 6-7 years and, furthermore, to examine the effect of gender in the performance of early school aged children in the 9 tasks of the assessment tool “DEMOST – PRE”. The sample consisted of 91 children (n=91), 45 boys and 46 girls in Grade A, with a mean age of 86 months, who were students in public schools in the Prefecture of Attica. The assessment tool that was used during the measurements was the DEMOST – PRE assessment battery and the measurements took place within their school’s classroom for 2 consecutive weeks. From the statistical analysis of the results, it was observed that the gender effect is not statistically significant in the performance of the sample’s children except for the 6<sup>th</sup> test “Targeting with one hand”. In conclusion, regarding the identification of motor impairment on the sample’s children, it appeared that a fair amount of children face motor clumsiness and, moreover, the DEMOST – PRE assessment battery estimates children’s motor proficiency regardless of gender.

**KEY WORDS:** Motor development, motor coordination, movement assessment instrument, movement clumsiness, gender effect.

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