

**Πρόγραμμα Μεταπτυχιακών Σπουδών Εξειδίκευσης του Τμήματος Ελληνικής Φιλολογίας του**

**Δημοκριτείου Πανεπιστημίου Θράκης**

σε συνεργασία με το

**ΕΚΕΦΕ Δημόκριτος – Ινστιτούτο Πληροφορικής και Επικοινωνιών με τίτλο: «Εξειδίκευση στις Τ.Π.Ε.**

**και Ειδική Αγωγή – Ψυχοπαιδαγωγική της ένταξης»**

## **ΟΙ ΕΚΤΕΛΕΣΤΙΚΕΣ ΛΕΙΤΟΥΡΓΙΕΣ ΚΑΙ Η ΘΕΩΡΙΑ ΤΟΥ ΝΟΥ ΣΕ ΠΑΙΔΙΑ ΜΕ**

### **ΑΥΤΙΣΜΟ**

## **EXECUTIVE FUNCTIONS AND THEORY OF MIND IN CHILDREN WITH AUTISM**

της

**Λημναίου Ελευθερίας**

Μεταπτυχιακή διατριβή που υποβάλλεται

στην τριμελή επιτροπή για την απόκτηση του μεταπτυχιακού τίτλου του Προγράμματος

Μεταπτυχιακών Σπουδών Εξειδίκευσης

του Τ.Ε.Φ-Δ.Π.Θ. σε συνεργασία με το Ε.Κ.Ε.Φ.Ε. Δημόκριτος – Ινστιτούτο Πληροφορικής και

Επικοινωνιών

με τίτλο: «Εξειδίκευση στις Τ.Π.Ε. και Ειδική Αγωγή – Ψυχοπαιδαγωγική της ένταξης»

Η τριμελής επιτροπή:

1. ΚΑΡΑΜΠΑΤΖΑΚΗ ΖΩΗ

ΣΥΝΕΡΓΑΖΟΜΕΝΗ ΕΡΕΥΝΗΤΡΙΑ Ι.Π.Τ. Ε.Κ.Ε.Φ.Ε. “ΔΗΜΟΚΡΙΤΟΣ”

2. ΣΥΡΙΟΠΟΥΛΟΥ ΧΡΙΣΤΙΝΑ

ΚΑΘΗΓΗΤΡΙΑ ΠΑΝΕΠΙΣΤΗΜΙΟ ΜΑΚΕΔΟΝΙΑΣ

3. ΔΟΣΗ ΙΦΙΓΕΝΕΙΑ

ΜΕΤΑΔΙΔΑΚΤΟΡΙΚΗ ΕΡΕΥΝΗΤΡΙΑ Τ.Ε.Φ. Δ.Π.Θ.

Κομοτηνή/Αθήνα

2018

## **ΠΕΡΙΛΗΨΗ:**

Τα παιδιά, που ανήκουν στο φάσμα του αυτισμού, σύμφωνα με έρευνες φαίνεται να υπολείπονται ως προς τις εκτελεστικές λειτουργίες του προγραμματισμού, της αναστολής, της γνωστικής ευελιξίας, της εργαζόμενης μνήμης αλλά και στην Θεωρία του Nou. Οι έρευνες αυτές, παρά το γεγονός ότι όλα τα παιδιά του δείγματος πληρούσαν τα ίδια κριτήρια, δεν κατάφεραν να καταλήξουν στα ίδια συμπεράσματα. Σκοπός της συγκεκριμένης έρευνας είναι να διερευνηθεί η ύπαρξη ή μη ελλείψεων στις εκτελεστικές λειτουργίες και στην Θεωρία του Nou, στα άτομα με Διαταραχή Αυτιστικού Φάσματος, μέσω της βιβλιογραφικής ανασκόπησης ποσοτικών ερευνών. Οι έρευνες, οι οποίες συμπεριλήφθηκαν στην συγκεκριμένη εργασία, χρησιμοποίησαν ως δείγμα παιδιά τυπικής ανάπτυξης, τα οποία επιλέχθηκαν να έχουν την ίδια χρονολογική ηλικία, το ίδιο νοητικό πηλίκο και την ίδια λεκτική και μη λεκτική νοητική ηλικία με την κλινική ομάδα. Τα αποτελέσματα έδειξαν ότι τα παιδιά με αυτισμό παρουσιάζουν ελλείψεις, τόσο στις εκτελεστικές λειτουργίες όσο και στη Θεωρία του Nou. Οι ελλείψεις αυτές γίνονται φανερές, όταν συγκριθούν με παιδιά τυπικής ανάπτυξης ίδιας χρονολογικής ηλικίας, ίδιου νοητικού πηλίκου και ίδιας λεκτικής και μη λεκτικής νοητικής ηλικίας.

## **ABSTRACT:**

Children in the autism spectrum, according to research, seem to be impaired in the Executive Functions of programming, inhibition, cognitive flexibility, working memory and the Theory of Mind. These researches, despite the fact that all the children included in the sample met the same criteria failed to reach the same conclusions. The purpose of this research is to investigate whether or not there are deficiencies in executive functions and in Theory of Mind in Autistic through a bibliographic review of quantitative researches. The researches, which were included in this work, used as a sample typical developing children, who were chosen to have the same chronological age, the same IQ, and the same verbal and non-verbal mental age as the clinical group. The results showed that autistic children show impairments in both Executive Functions and Theory of Mind. These impairments become apparent when compared to typical developing children of the same chronological age, same IQ and of same verbal and non-verbal mental age.

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