

**Πρόγραμμα Μεταπτυχιακών Σπουδών Εξειδίκευσης  
του Τμήματος Ελληνικής Φιλολογίας του Δημοκριτείου Πανεπιστημίου Θράκης**

σε συνεργασία με το

**ΕΚΕΦΕ Δημόκριτος – Ινστιτούτο Πληροφορικής και Επικοινωνιών**

με τίτλο: «Εξειδίκευση στις Τ.Π.Ε. και Ειδική Αγωγή – Ψυχοπαιδαγωγική της ένταξης»

**ΕΦΑΡΜΟΓΕΣ ΤΩΝ Τ.Π.Ε ΣΤΗΝ ΕΚΠΑΙΔΕΥΣΗ ΓΟΝΕΩΝ ΠΑΙΔΙΩΝ ΜΕ ΑΥΤΙΣΜΟ  
ICT APPLICATIONS IN PARENT TRAINING FOR PARENTS OF CHILDREN WITH  
AUTISM**

Της

Παπαγιάννη Αποστολίας

Μεταπτυχιακή διατριβή που υποβάλλεται

στην τριμελή επιτροπή για την απόκτηση του μεταπτυχιακού τίτλου του

Προγράμματος Μεταπτυχιακών Σπουδών Εξειδίκευσης

του Τ.Ε.Φ-Δ.Π.Θ. σε συνεργασία με το Ε.Κ.Ε.Φ.Ε. Δημόκριτος – Ινστιτούτο

Πληροφορικής και Επικοινωνιών

με τίτλο: «Εξειδίκευση στις Τ.Π.Ε. και Ειδική Αγωγή – Ψυχοπαιδαγωγική της

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## ΠΕΡΙΛΗΨΗ

Η συγκεκριμένη εργασία αποτελεί μια βιβλιογραφική ανασκόπηση της εκπαίδευσης και κατάρτισης γονέων παιδιών με Διαταραχή Αυτιστικού Φάσματος (Autism Spectrum Disorder - ASD), που αποτελούν εφαρμογές της Τεχνολογίας της Πληροφορίας και Επικοινωνίας (Τ.Π.Ε.). Η συμμετοχή των γονέων στην παρέμβαση που θα επιλεγεί για τα παιδιά τους συμβάλλει στην αποτελεσματικότητα της, όπως αποδεικνύεται από τις σχετικές έρευνες. Η εκπαίδευση των γονέων και η εξάσκησή τους στο θεραπευτικό πρόγραμμα που θα ακολουθήσει το παιδί τους θα συμβάλλει στην επιτυχία της παρέμβασης και στη βελτίωση του κλίματος στην οικογένεια που μεγαλώνει ένα παιδί με ASD. Από την άλλη πλευρά, οι εφαρμογές που αναπτύσσονται με τις Τ.Π.Ε. αυξάνουν τις δυνατότητες πρόσβασης των γονέων σε νέες μεθόδους παρέμβασης, βελτιώνουν τις ήδη τεκμηριωμένες και αίρουν πολλούς από τους περιορισμούς που εμπόδιζαν τη συμμετοχή τους σε προγράμματα κατάρτισης. Τα αποτελέσματα έδειξαν ότι, στο πεδίο της εκπαίδευσης των γονέων, η ανάπτυξη εφαρμογών που στηρίζονται στις Τ.Π.Ε., οδηγούν στην παροχή νέων δεδομένων που επιτρέπουν στους γονείς να συμμετέχουν ουσιαστικά στην παρέμβαση που ακολουθείται για το παιδί τους και να συμβάλλουν στην βελτίωση των δυσλειτουργιών που διαγνώστηκαν, καθώς και να καλλιεργήσουν στους ίδιους, μια κουλτούρα αποδοχής και διάθεσης συνεχούς προσπάθειας, στοιχεία απαραίτητα για την δια βίου ιδιαίτερη κατάσταση που καλούνται να αντιμετωπίσουν μέσα στην οικογένειά τους.

## **ABSTRACT**

This study represents a literary review on training and instructing parents of children with Autism Spectrum Disorder (ASD) using Information and Communication Technologies (ICTs). As related studies suggest, parents' involvement in the intervention chosen for their child contributes positively to the efficacy of the treatment. Parents' training and practice on the intervention program of their child shall benefit both the treatment and the overall family environment of the child with ASD. Furthermore, ICTs provide new easier ways of access to new intervention methods, improve the already existing ways and remove many restrictions, which impede parents from participating in training programs. Results indicate that, as far as parent training is concerned, ICT applications development provides new skills, allowing parents to be substantially involved in the treatment of their child and to contribute significantly to the improvement of diagnosed disorders. ICT applications may also promote a culture of acceptance and sustaining effort, indispensable qualities for the parents of a child with ASD, dealing with a family lifelong special condition like this.

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