**'Specialization in ICTs and Special Education: Psychopedagogy of Integration'**
**Postgraduate Program Studies**
**DEMOKRITUS UNIVERSITY OF THRACE Department of Hellenic Philology**
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# DESIGN OF AUTONOMOUS LIVING INTERVENTION PROGRAMS FOR ADOLESCENTS WITH MENTAL RETARDATION IN DAY CARE CENTRES


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## Abstract

The environment in which every human lives perform a very significant role in the development of personality and individual integration. Regarding people with mental retardation, the impact of the environment they live in, is even more important for their autonomy in their life. New technologies, and in particular IT applications, can enhance the independence of individuals. This paper is a bibliographic research based on articles from scientific journals aim to examine and study the potential of New Technologies that support the independent living of retard people. More specific the research is studying the applications of Information Technology, that help and improve the daily living of mentally retarded people in Day Care Centres and generally in Mental Care Units which promote and encourage the development of community activities of mentally retarded people in order to achieve autonomous living and consequently better quality of life in the future.

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**Ηλεκτρονικές Πηγές**

The Ambient Assisted Living (AAL) Joint Programme, Ανακτήθηκε στις   20.05.2018     από

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Οδηγός οργάνωσης και λειτουργίας Κέντρου Ημέρας, Μονάδα Υποστήριξης και Παρακολούθησης προγράμματος «Ψυχαργώς - Β΄ φάση»,(2005) Ερευνητικό Πανεπιστημιακό Ινστιτούτο Ψυχικής Υγιεινής (ΕΠΙΨΥ) Πανεπιστήμιο Ιωαννίνων  Ιατρική Σχολή – Ψυχιατρική Κλινική Εθνικό Κέντρο Κοινωνικών Ερευνών (ΕΚΚΕ)   Όμιλος Μελετών & Αναπτυξιακού Σχεδιασμού (ΟΜΑΣ ΑΕ), Ανακτήθηκε στις   01.09.2018            από
http://www.psychargos.gov.gr/