

**‘Specialization in ICTs and Special Education: Psychopedagogy of Integration’
Postgraduate Program
DEMOCRITUS UNIVERSITY OF THRACE Department of Greek Philology
in collaboration with
NCSR DEMOKRITOS Informatics and Telecommunications Institute**

**STUDY ON THE PROFESSIONAL BURNOUT OF SPECIAL EDUCATION
TEACHERS IN GREECE**

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POSTGRADUATE
THESIS

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ABSTRACT

The present study examines the level of professional burnout among 78 special education teachers who work in Greek primary schools and how factors such as gender, age, work experience and academic training influence its existence. The results indicated that special education teachers experience middle levels of emotional exhaustion and depersonalization and low levels of personal achievement. The age and the academic training were found to have significant correlation with special educators' burnout. In addition, either age or work experience were found to have no significant correlation with one of the three dimensions of burnout.

Keywords: *professional burnout, special education teachers, age, gender, work experience, academic training.*

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