# 'Specialization in ICTs and Special Education: Psychopedagogy of Integration' Postgraduate Program DEMOCRITUS UNIVERSITY OF THRACE Department of Greek Philology in collaboration with NCSR DEMOKRITOS Informatics and Telecommunications Institute

## MUSIC THERAPISTS' OPINIONS AS FOR THEIR WORKING CONDITIONS IN THE FIELD OF INTERVENTION IN PERSONS WITH ASD

**GAROUFOS APOSTOLOS** 

POSTGRADUATE THESIS

### SUPERVISORY COMMITTEE

1. Σταυρόπουλος Βασίλειος

Διδάκτορας Παν. Θεσσαλίας

2. Συριοπούλου Χριστίνα

Καθηγήτρια, Πανεπιστήμιο Μακεδονίας

3. Δόση Ιφιγένεια

Μεταδιδακτορική Ερευνήτρια Τ.Ε.Φ. Δ.Π.Θ.

## **Abstract**

Music has always been a precious asset for humans and will always influence its healing properties. It is the same in both formal and special education. For those in the autism spectrum, it is particularly helpful. In the present qualitative research, the views of fourteen music therapists about their working conditions in the context of intervention in people with Autistic Spectrum Disorders (ASD) are presented and analysed. There, is an analysis of their specific involvement with the autistic spectrum and what the conditions for their sessions are or should be. The results show that the area and the safety of the healers are among the most important. Also, there is a significant influence of music therapists on people with ASD and they support the "holistic approach", that is, there is a communication and collaboration between other scientists in the general process of treatment of people with ASD. A gradual analysis is made through the questions and a part of the experience and everyday life of the music therapists is analyzed.

Key words: music therapy, ASD, working conditions, music, autism

### REFERENCES

Boxill, E. (1997). The Miracle of Music Therapy. Gilsum, NH: Barcelona.

Cohen, L., Manion, L., & Morrison, K. (2000). Research Methods in Education. Μτφρ. Σ. Κυρανάκης, Μ. Μαυράκη, Χ. Μητσοπούλου, Π. Μπιθαρά, Μ. Φιλοπούλου. Αθήνα: Μεταίχμιο. 2007.

Edgerton, C. L. (1994). The effect of improvisational music therapy on the communicative behaviors of autistic children. Journal of Music Therapy, 31, 31–62.

Ford, E.S. (1999). The effects of music on the selfinjurious behaviour of an adult female with severe developmental disabilities. Journal of Music Therapy, 34(4), 293-313.

Griggs-Drane, E. R., & Wheeler, J. J. (1997). The use of functional assessment procedures and individualized schedules in the treatment of autism: Recommendations for music therapists. Music Therapy Perspectives, 15, 87–93.

Hoelzley, P. D. (1993). Communication potentiating sounds: Developing channels of communication with autistic children through psychobiological responses to novel sound stimuli. Canadian Journal of Music Therapy, 1, 54–76.

Hollander, F. M., & Juhrs, P. D. (1974). Orff–Schulwerk, an effective treatment tool with autistic children. Journal of Music Therapy, 11, 1–12.

Keats, L. (1995). Doug: The rhythm in his world. Canadian Journal of Music Therapy, 3, 53–69.

Lundqvist, L.O., Andersson, G., & Viding, J. (2009). Effects of vibroacoustic music on challenging behaviors in individuals with autism and developmental disabilities. Research in Autism Spectrum Disorders, 3, 390-400.

Mahlberg, M. (1973). Music therapy in the treatment of an autistic child. Journal of Music Therapy, 10, 189–193.

McClellan, R. (1988). The Healing Forces of Music History, Theory, and Practice. United States: Amity House

Miller, S. B., & Toca, J. M. (1979). Adapted melodic intonation therapy: A case study of an experimental language program for an autistic child. Journal of Clinical Psychiatry, 40, 201–203.

Orr, T. J., Myles, B. S.,&Carlson, J. K. (1998). The impact of rhythmic entrainment of a person with autism. Focus on Autism and Other Developmental Disabilities, 13, 163–166.

Ricketts, L. (1976). Music and handicapped children. Journal of the Royal College of General Practitioners, 26, 585–587.

Saperston, B. (1973). The use of music in establishing communication with an autistic mentally retarded child. Journal of Music Therapy, 10, 184–188.

Smith, Α. (2002). Η θεωρία των ηθικών συναισθημάτων. Μτφρ. Δ. Γ. Δρόσος, Μ. Ψαλιδόπουλος. Αθήνα: Παπαζήση. 2012

Starr, E., & Zenker, E. (1998). Understanding autism in the context of music therapy: Bridging theory and practice. Canadian Journal of Music Therapy, 6, 1–19.

Wigram, T. (1992). Observational Techniques in the Analysis of Both Active and Receptive Music Therapy with Disturbed and Self Injurious Clients. In M. Heal & T. Wigram (Eds.) Music Therapy in Health and Education (pp. 274-282). London: Jessica Kingsley.

Willig, C. (2015) Ποιοτικές μέθοδοι έρευνας στην Ψυχολογία. Εισαγωγή. (Ε. Τσέλιου,

Wimpory, D., Chadwick, P., & Nash, S. (1995). Brief report: Musical interaction therapy for children with autism: An evaluative case study with two-year follow-up. Journal of Autism and Developmental Disorders, 25, 541–552.

Wimpory, D., Chadwick, P., & Nash, S. (1995). Brief report: Musical interaction therapy for children with autism: An evaluative case study with two-year follow-up. Journal of Autism and Developmental Disorders, 25, 541–552

Αθήνα: Κριτική.επιστ. επιμ., Ε. Αυγήτα, μτφ). Αθήνα: Gutenberg. (Κεφ. 6)

Κάργιου, Κ. (2012). Τίτλος: Η Μουσική ως Μέσο Αντιμετώπισης της Αυτοτραυματικής Συμπεριφοράς Ατόμων με Αυτισμό: Μια Πιλοτική Έρευνα για τις Απόψεις των Μουσικοθεραπευτών. Approaches an interdisciplinary journal of music therapy, 4 (1), 34 – 44.

Τσιώλης, Γ. (2014) Μέθοδοι και τεχνικές ανάλυσης στην ποιοτική κοινωνική έρευνα.