

Πρόγραμμα Μεταπτυχιακών Σπουδών Εξειδίκευσης  
του Τμήματος Ελληνικής Φιλολογίας του Δημοκριτείου Πανεπιστημίου Θράκης  
σε συνεργασία με το  
ΕΚΕΦΕ Δημόκριτος – Ινστιτούτο Πληροφορικής και Επικοινωνιών  
με τίτλο: «Εξειδίκευση στις Τ.Π.Ε. και Ειδική Αγωγή – Ψυχοπαιδαγωγική της ένταξης»

**ΟΙ ΔΕΞΙΟΤΗΤΕΣ ΤΗΣ ΛΕΠΤΗΣ ΚΙΝΗΣΗΣ ΣΕ ΠΑΙΔΙΑ ΜΕ ΔΙΑΤΑΡΑΧΗ  
ΑΥΤΙΣΤΙΚΟΥ ΦΑΣΜΑΤΟΣ ΚΑΙ Η ΣΥΜΒΟΛΗ ΤΗΣ ΕΡΓΟΘΕΡΑΠΕΙΑΣ  
THE FINE MOTOR SKILLS IN CHILDREN WITH AUTISM SPECTRUM  
DISORDER AND THE CONTRIBUTION OF OCCUPATIONAL THERAPY**

ΤΟΥ

Διβόλη Ιωσήφ

Μεταπτυχιακή διατριβή που υποβάλλεται  
στην τριμελή επιτροπή για την απόκτηση του μεταπτυχιακού τίτλου του  
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Πληροφορικής και Επικοινωνιών  
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### **Περίληψη**

Η λεπτή κίνηση φαίνεται να αποτελεί μία εξίσου με τις άλλες σημαντική συνιστώσα στην ανάπτυξη του παιδιού. Ωστόσο παρατηρείται να επηρεάζει και να επηρεάζεται από τα άλλα αναπτυξιακά ορόσημα. Αυτό έχει σαν αποτέλεσμα στη διαταραχή του αυτιστικού φάσματος, η ανάπτυξη να πλήττεται χωρίς να υπάρχει σαφής αιτιολογία. Ταυτόχρονα, εμφανή είναι τα χαρακτηριστικά των παιδιών με αυτισμό σε όλες τις εκφάνσεις των ρόλων που αναλαμβάνουν. Αφού προκύπτουν σημαντικά ελλείμματα, στην επικοινωνία, στην κοινωνική αλληλεπίδραση και στην κινητικότητα του συγκεκριμένου πληθυσμού. Επομένως, μέσω της εργοθεραπείας στα προγράμματα παρέμβασης που υλοποιούνται, χρησιμοποιούνται διάφορες προσεγγίσεις, που έχουν ως στόχο μεταξύ άλλων τη βελτίωση και την αποκατάσταση των δυσκολιών αυτών.

**Λέξεις – κλειδιά:** διαταραχή αυτιστικού φάσματος, λεπτή κίνηση, εργοθεραπεία

### **Abstract**

Fine motor seems to be just as important as the other important component in child development. However, it is observed to affect and be influenced by the other developmental milestones. This has the effect of disturbing the autistic spectrum, the growth being affected without a clear reasoning. At the same time, the characteristics of children with autism are evident in all aspects of the roles they undertake. After significant deficits occur, communication, social interaction and mobility of the particular population. Therefore, through occupational therapy in the intervention programs being implemented, various approaches are used, which aim, among other things, to improve and remedy these difficulties.

**Key – words:** autism spectrum disorder, fine motor, occupational therapy

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