

**Πρόγραμμα Μεταπτυχιακών Σπουδών Εξειδίκευσης
Του Τμήματος Ελληνικής Φιλολογίας του Δημοκριτείου Πανεπιστημίου Θράκης**
σε συνεργασία με το
ΕΚΕΦΕ Δημόκριτος – Ινστιτούτο Πληροφορικής και Επικοινωνιών
με τίτλο: «Εξειδίκευση στις Τ.Π.Ε. και Ειδική Αγωγή – Ψυχοπαιδαγωγική της ένταξης»

**ΣΕΞΟΥΑΛΙΚΟΤΗΤΑ ΚΑΙ ΣΕΞΟΥΑΛΙΚΗ ΕΚΠΑΙΔΕΥΣΗ
ΑΤΟΜΩΝ ΜΕ ΝΟΗΤΙΚΗ ΑΝΑΠΗΡΙΑ - ΜΙΑ ΒΙΒΛΙΟΓΡΑΦΙΚΗ
ΑΝΑΣΚΟΠΗΣΗ**
**SEXUALITY AND SEXUAL EDUCATION OF PEOPLE WITH
INTELLECTUAL DISABILITY - A REVIEW OF LITERATURE**

της
Κουτσοσπύρου Βασιλικής

Μεταπτυχιακή Διατριβή που υποβάλλεται
στην τριμελή επιτροπή για την απόκτηση του μεταπτυχιακού τίτλου του
Προγράμματος Μεταπτυχιακών Σπουδών Εξειδίκευσης
του Τ.Ε.Φ.-Δ.Π.Θ. σε συνεργασία με το Ε.Κ.Ε.Φ.Ε. Δημόκριτος –Ινστιτούτο
Πληροφορικής και Επικοινωνιών
με τίτλο: «Εξειδίκευση στις Τ.Π.Ε. και Ειδική Αγωγή –Ψυχοπαιδαγωγική της
ένταξης»

Η τριμελής επιτροπή:

1. ΚΟΡΡΕ ΕΙΡΗΝΗ
ΕΠΙΚΟΥΡΗ ΚΑΘΗΓΗΤΡΙΑ Τ.Ε.Φ.- Δ.Π.Θ.
2. ΚΑΡΑΜΠΑΤΖΑΚΗ ΖΩΗ
ΣΥΝΕΡΓΑΖΟΜΕΝΗ ΕΡΕΥΝΗΤΡΙΑ Ι.Π.Τ. Ε.Κ.Ε.Φ.Ε. “ΔΗΜΟΚΡΙΤΟΣ”
3. ΡΙΖΟΣ ΣΠΥΡΙΔΩΝ
ΣΥΝΕΡΓΑΤΗΣ ΕΡΕΥΝΗΤΗΣ Ι.Π.Τ. Ε.Κ.Ε.Φ.Ε. “ΔΗΜΟΚΡΙΤΟΣ”

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Περίληψη

Σκοπός της ανασκόπησης είναι να διερευνήσει τη σεξουαλικότητα και τη σεξουαλική εκπαίδευση των ατόμων με Νοητική Αναπηρία. Τα δύο αυτά ζητήματα είναι σύνθετα και έχουν παραμεληθεί από τις μελέτες κυρίως λόγω των λανθασμένων κοινωνικών προκαταλήψεων. Στην παρούσα εργασία πραγματοποιείται βιβλιογραφική ανασκόπηση με σκοπό τη διερεύνηση και επεξεργασία ήδη δημοσιευμένου υλικού, προκειμένου να εντοπιστούν οι υπάρχουσες τάσεις και όψεις γύρω από το ερευνητικό θέμα. Στην αρχή θα αναφερθούν ο σκοπός και η χρησιμότητα της έρευνας, τα ερευνητικά ερωτήματα, οι περιορισμοί καθώς και η μεθοδολογία η οποία χρησιμοποιήθηκε. Εν συνεχεία, αφού αναλυθούν οι βασικοί όροι της έρευνας, θα παρουσιαστούν τα διεθνή και ελληνικά ερευνητικά ευρήματα αναφορικά με το θέμα της εργασίας. Τέλος, εκ των παραπάνω θα καταγραφούν τα συμπεράσματα τα οποία προέκυψαν. Σε γενικές γραμμές, παρατηρήθηκε ότι η σεξουαλικότητα των ατόμων με Νοητική Αναπηρία είναι περιορισμένη και ότι η σεξουαλική εκπαίδευση η οποία λαμβάνουν είναι ελάχιστη. Πραγματοποιείται, επίσης, μια προσπάθεια επαναδιατύπωσης ερευνητικών ερωτημάτων, προσδιορίζονται πλευρές οι οποίες δεν έχουν διαφωτιστεί επαρκώς από έρευνες και καταγράφονται προτάσεις για περαιτέρω έρευνα.

Λέξεις- Κλειδιά: Σεξουαλικότητα, Σεξουαλική Εκπαίδευση, Νοητική Αναπηρία

Abstract

The purpose of this review is to investigate the sexuality and the sexual education of people with Intellectual Disability. These two matters are complicated and have been ignored from the researches because of wrong social biases. A review of the literature it takes place in this research in order to be investigated the published material that already exists and in order to be found the tendencies and views on the searching issue. Firstly, the purpose, the utility, the investigative questions, the limitations and the methodology of this review will be mentioned. Then, after the basic terms will have been explained, there will be a presentation of the international and internal findings. In the end, according to the above, conclusions will be written down. The findings showed that the sexuality of the people with Intellectual Disability is limited and that the sexual education that they receive is lacking. There will also be an attempt for investigative questions to be rewritten, for views that have not been examined enough to be enlightened and for further investigation to be suggested.

Key- Words: *Sexuality, Sexual Education, Intellectual Disability*

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