

Πρόγραμμα Μεταπτυχιακών Σπουδών Εξειδίκευσης  
Του Τμήματος Ελληνικής Φιλολογίας του Δημοκριτείου Πανεπιστημίου Θράκης  
σε συνεργασία με το  
ΕΚΕΦΕ Δημόκριτος – Ινστιτούτο Πληροφορικής και Επικοινωνιών  
με τίτλο: «Εξειδίκευση στις Τ.Π.Ε. και Ειδική Αγωγή – Ψυχοπαιδαγωγική της Ένταξης»

**ΨΥΧΟΣΥΝΑΙΣΘΗΜΑΤΙΚΗ ΚΑΙ ΚΟΙΝΩΝΙΚΗ ΑΝΑΠΤΥΞΗ ΣΕ ΠΑΙΔΙΑ ΜΕ  
ΣΥΝΝΟΣΗΡΟΤΗΤΑ ΔΕΠ-Υ ΚΑΙ ΔΑΦ - ΤΕΧΝΟΛΟΓΙΚΕΣ ΜΕΘΟΔΟΙ  
ΑΝΑΠΤΥΞΗΣ ΤΗΣ ΣΥΝΑΙΣΘΗΜΑΤΙΚΗΣ ΝΟΗΜΟΣΥΝΗΣ ΩΣ  
ΘΕΡΑΠΕΥΤΙΚΟ ΜΕΣΟ ΑΠΟΚΑΤΑΣΤΑΣΗΣ**

**PSYCHOEMOTIONAL AND SOCIAL DEVELOPMENT IN CHILDREN WITH  
ADHD AND ASD COMMORBIDITY- TECHNOLOGICAL DEVELOPMENT  
PROCESS OF EMOTIONAL INTELLIGENCE AS A THERAPEUTIC RECOVERY  
IMPLEMENT**

της  
Μπακόλα Λιζέτας

Μεταπτυχιακή διατριβή που υποβάλλεται  
στην τριμελή επιτροπή για την απόκτηση του μεταπτυχιακού τίτλου του  
Προγράμματος Μεταπτυχιακών Σπουδών Εξειδίκευσης  
του Τ.Ε.Φ – Δ.Π.Θ. σε συνεργασία με το Ε.Κ.Ε.Φ.Ε. Δημόκριτος – Ινστιτούτο  
Πληροφορικής και Επικοινωνιών  
με τίτλο: «Εξειδίκευση στις Τ.Π.Ε. και Ειδική Αγωγή – Ψυχοπαιδαγωγική της  
ένταξης»

**Η τριμελής επιτροπή:**

1. ΑΘΑΝΑΣΙΟΣ ΔΡΙΓΚΑΣ, ΕΡΕΥΝΗΤΗΣ Α΄ ΒΑΘΜΙΔΑΣ– Ι.Π.Τ.Ε.Κ.Ε.Φ.Ε. «ΔΗΜΟΚΡΙΤΟΣ»
2. ΚΑΡΑΜΠΑΤΖΑΚΗ ΖΩΗ, ΣΥΝΕΡΓΑΖΟΜΕΝΗ ΕΡΕΥΝΗΤΡΙΑ Ι.Π.Τ. Ε.Κ.Ε.Φ.Ε. «ΔΗΜΟΚΡΙΤΟΣ»
3. ΣΤΑΘΟΠΟΥΛΟΥ ΑΓΑΘΗ, ΣΥΝΕΡΓΑΖΟΜΕΝΗ ΕΡΕΥΝΗΤΡΙΑ Ι.Π.Τ. Ε.Κ.Ε.Φ.Ε. «ΔΗΜΟΚΡΙΤΟΣ»

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## ΠΕΡΙΛΗΨΗ

Η αντίληψη, η κατανόηση, ο τρόπος έκφρασης και η ρύθμιση των συναισθημάτων έχουν αναγνωριστεί ως καταλυτικοί παράγοντες της καθημερινής επικοινωνίας και της ψυχοκοινωνικής προσαρμογής στα παιδιά. Η έκπτωση των παραπάνω μπορεί να προκαλέσει προβλήματα και να επηρεάσει την καθημερινότητά τους τόσο σε συναισθηματικό όσο και σε κοινωνικό επίπεδο. Σκοπός της παρούσας εργασίας είναι μέσω της βιβλιογραφικής ανασκόπησης να διερευνηθούν οι σύγχρονες κλινικές και εμπειρικές γνώσεις σχετικά με την ψυχοσυναισθηματική και κοινωνική ανάπτυξη αλλά και τη συναισθηματική νοημοσύνη των παιδιών που διαγιγνώσκονται με συννοσηρότητα Διαταραχής Ελλειμματικής Προσοχής/ Υπερκινητικότητα (ΔΕΠ-Υ) και Διαταραχές του Αυτιστικού Φάσματος (ΔΑΦ), δίνοντας βάση και εξετάζοντας τα ελλείμματα αναγνώρισης, επεξεργασίας, αμοιβαιότητας και έκφρασης των συναισθημάτων που κατεξοχήν παρατηρούνται και χαρακτηρίζουν κατά κύριο λόγο τα παιδιά αυτά. Επιπλέον, εξετάζονται και μελετώνται τα τεχνολογικά μέσα και οι τρόποι που θα μπορούσαν να βοηθήσουν στην ανάπτυξη και στην καλλιέργεια των κοινωνικών δεξιοτήτων και της συναισθηματικής νοημοσύνης. Τα αποτελέσματα έδειξαν πως η θεραπευτική παρέμβαση μέσω των Τεχνολογιών της Πληροφορίας και Επικοινωνίας (ΤΠΕ) μπορεί να είναι καταλυτική.

## **ABSTRACT**

The perception, empathy, expression and regulation of emotion have been recognized as the determining factors to everyday communication and psychosocial adaptation in children. Deficits in them can cause emotional and social problems and affect everyday life. This paper aims at investigating by reviewing the current clinical and empirical knowledge of psychoemotional and social development as much as emotional intelligence in children diagnosed with Attention Deficit Hyperactivity Disorder (ADHD) and Autism Spectrum Disorder (ASD) coexistence looking into the emotion recognition deficits as well as processing, reciprocity and emotional expression deficits noticing and characterizing these children mostly. Moreover they are considering and being studied the technical means and the ways that they could help in the development and growing of social skills and emotional intelligence. The results proclaimed that the therapeutic contribution of Information and Communication Technologies (ICTs) can be determinant.

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