

Πρόγραμμα Μεταπτυχιακών Σπουδών Εξειδίκευσης

Του Τμήματος Ελληνικής Φιλολογίας του Δημοκριτείου Πανεπιστημίου Θράκης

σε συνεργασία με το

ΕΚΕΦΕ Δημόκριτος – Ινστιτούτο Πληροφορικής και Επικοινωνιών

με τίτλο: «Εξειδίκευση στις Τ.Π.Ε. και Ειδική Αγωγή – Ψυχοπαιδαγωγική της ένταξης»

## **ΑΝΑΠΤΥΞΗ ΚΟΙΝΩΝΙΚΩΝ ΔΕΞΙΟΤΗΤΩΝ ΜΑΘΗΤΩΝ ΜΕ ΔΙΑΤΑΡΑΧΕΣ ΑΥΤΙΣΤΙΚΟΥ ΦΑΣΜΑΤΟΣ**

## **DEVELOPING SOCIAL SKILLS OF STUDENTS WITH AUTISM SPECTRUM DISORDERS**

Παγώνη Άννα Μαρία

Μεταπτυχιακή διατριβή που υποβάλλεται

στην τριμελή επιτροπή για την απόκτηση του μεταπτυχιακού τίτλου του

Προγράμματος Μεταπτυχιακών Σπουδών Εξειδίκευσης

του Τ.Ε.Φ – Δ.Π.Θ. σε συνεργασία με το Ε.Κ.Ε.Φ.Ε. Δημόκριτος – Ινστιτούτο

Πληροφορικής και Επικοινωνιών

με τίτλο: «Εξειδίκευση στις Τ.Π.Ε. και Ειδική Αγωγή – Ψυχοπαιδαγωγική της

ένταξης»

### **Η τριμελής επιτροπή:**

1. ΣΥΡΙΟΠΟΥΛΟΥ ΧΡΙΣΤΙΝΑ

ΚΑΘΗΓΗΤΡΙΑ ΠΑΝΕΠΙΣΤΗΜΙΟ ΜΑΚΕΔΟΝΙΑΣ

2. ΚΑΡΑΜΠΑΤΖΑΚΗ ΖΩΗ

ΣΥΝΕΡΓΑΖΟΜΕΝΗ ΕΡΕΥΝΗΤΡΙΑ Ι.Π.Τ. Ε.Κ.Ε.Φ.Ε. “ΔΗΜΟΚΡΙΤΟΣ”

3. ΔΟΣΗ ΙΦΙΓΕΝΕΙΑ

ΜΕΤΑΔΙΔΑΚΤΟΡΙΚΗ ΕΡΕΥΝΗΤΡΙΑ Τ.Ε.Φ. Δ.Π.Θ.

Κομοτηνή/Αθήνα

2019

## **Περίληψη**

Η παρούσα εργασία, αναγνωρίζοντας τη σημασία της δημιουργίας και διατήρησης κοινωνικών σχέσεων στην παιδική και εφηβική ηλικία, εστιάζει το ενδιαφέρον της στα κοινωνικά ελλείμματα των μαθητών με αυτισμό. Στο πρώτο μέρος γίνεται μία προσπάθεια κατανόησης της διαταραχής τους αυτιστικού φάσματος (αιτιολογία, επιδημιολογία, συμπτωματολογία) και ορισμού των κοινωνικών δεξιοτήτων. Ακόμη, μέσα από την ανασκόπηση της σχετικής βιβλιογραφίας αναφέρονται ορισμένα διαγνωστικά εργαλεία που αξιολογούν τις κοινωνικές δεξιότητες αλλά και μερικές στρατηγικές παρέμβασης που συμβάλλουν στην εκπαίδευση και ανάπτυξη των συγκεκριμένων δεξιοτήτων.

Στο δεύτερο μέρος παρουσιάζεται η έρευνα που πραγματοποιήθηκε με σκοπό τον εντοπισμό των κοινωνικών ελλειμμάτων των αυτιστικών μαθητών. Σε αυτήν συμμετείχαν εκπαιδευτικοί από όλη την Ελλάδα καταγράφοντας την κοινωνική συμπεριφορά συγκεκριμένων παιδιών που είχαν υπό την επίβλεψη τους. Οι μαθητές ήταν από 6 έως 17 ετών. Το δείγμα αποτέλεσαν 130 εκπαιδευτικοί ειδικής αγωγής τόσο πρωτοβάθμιας όσο και δευτεροβάθμιας εκπαίδευσης που είχαν εμπειρία με παιδιά με ΔΑΦ. Έτσι, μέσα από την αξιολόγηση των κοινωνικών δεξιοτήτων των αυτιστικών μαθητών, εμφανίζονται αποτελέσματα για την ελλιπή ανάπτυξη της κοινωνικότητας και τη σχέση που μπορεί να έχει με ορισμένους παράγοντες οι οποίοι μπορεί να ευθύνονται.

## **Abstract**

The present work, recognizing the importance of creating and maintaining social relationships in childhood and adolescence focuses on the social deficits of pupils with autism. In the first part an attempt is made to understand the autistic spectrum disorder (etiology, epidemiology, symptomatology) and definition of social skills. In addition, a review of relevant literature outlines some diagnostic tools that evaluate social skills and some intervention strategies that contribute to the education and development of specific skills.

The second part presents the research which was carried out in order to identify the social deficits of autistic pupils. It was attended by teachers from all over Greece recording the social behavior of specific children. The students were 6 to 17 years old. The sample consisted of 130 primary and secondary education teachers who had experience with children with ADHD. Thus, through assessing the social skills of autistic students, there are results for the poor development of sociality and the relationship it can have with some factors that may be responsible.

**Λέξεις κλειδιά:** αυτιστικό φάσμα, κοινωνικές δεξιότητες, μαθητές, εκπαιδευτικοί.

**Keywords:** autism, social skills, pupils, teachers.

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