

Πρόγραμμα Μεταπτυχιακών Σπουδών Εξειδίκευσης του Τμήματος Ελληνικής Φιλολογίας του
Δημοκριτείου Πανεπιστημίου Θράκης σε συνεργασία με το Ε.Κ.Ε.Φ.Ε. Δημόκριτος – Ινστιτούτο
Πληροφορικής και Επικοινωνιών με τίτλο: «Εξειδίκευση στις Τ.Π.Ε. και Ειδική Αγωγή –
Ψυχοπαιδαγωγική της ένταξης»

**«Η ΔΙΔΑΣΚΑΛΙΑ ΤΩΝ ΕΚΠΑΙΔΕΥΤΙΚΩΝ ΠΡΩΤΟΒΑΘΜΙΑΣ ΚΑΙ
ΔΕΥΤΕΡΟΒΑΘΜΙΑΣ ΕΚΠΑΙΔΕΥΣΗΣ ΠΑΙΔΙΩΝ ΜΕ ΔΕΠ/Υ, ΩΣ
ΠΑΡΑΓΟΝΤΑΣ ΑΝΑΠΤΥΞΗΣ ΤΟΥ ΣΥΝΔΡΟΜΟΥ ΕΠΑΓΓΕΛΜΑΤΙΚΗΣ
ΕΞΟΥΘΕΝΩΣΗΣ»**

**“THE TEACHING OF CHILDREN WITH ADHD AS A FACTOR FOR
DEVELOPING BURNOUT SYNDROME FOR PRIMARY AND SECONDARY
TEACHERS”**

της

Θεοδωροπούλου Βασιλικής

Μεταπτυχιακή διατριβή που υποβάλλεται

στην τριμελή επιτροπή για την απόκτηση του μεταπτυχιακού τίτλου του Προγράμματος
Μεταπτυχιακών Σπουδών Εξειδίκευσης του Τ.Ε.Φ-Δ.Π.Θ. σε συνεργασία με το Ε.Κ.Ε.Φ.Ε.
Δημόκριτος – Ινστιτούτο Πληροφορικής και Επικοινωνιών με τίτλο «Εξειδίκευση στις Τ.Π.Ε.
και Ειδική Αγωγή – Ψυχοπαιδαγωγική της ένταξης»

Εγκεκριμένο από την τριμελή επιτροπή:

1^{ος} Επιβλέπων: Ρίζος Σπυρίδων, Συνεργαζόμενος Ερευνητής Ι.Π.Τ. Ε.Κ.Ε.Φ.Ε. «Δημόκριτος»

2^{ος} Επιβλέπων: Κορρέ Ειρήνη, Επίκουρη Καθηγήτρια Τ.Ε.Φ. – Δ.Π.Θ

3^{ος} Επιβλέπων: Κατσαντώνη Σπυριδούλα, Συνεργαζόμενη Ερευνήτρια Ι.Π.Τ. Ε.Κ.Ε.Φ.Ε.
«Δημόκριτος»

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ΠΕΡΙΛΗΨΗ

Η παρούσα εργασία εστιάζει στη μελέτη του συνδρόμου της επαγγελματικής εξουθένωσης και διερευνά τη διδασκαλία των παιδιών με ΔΕΠ/Υ ως παράγοντα επαγγελματικής εξουθένωσης των εκπαιδευτικών τόσο της πρωτοβάθμιας, όσο και της δευτεροβάθμιας γενικής παιδείας.

Συνολικά, 73 συμμετέχοντες εκπαιδευτικοί τόσο της πρωτοβάθμιας, όσο και της δευτεροβάθμιας εκπαίδευσης από σχολικές μονάδες των Α΄, Β΄ και Γ΄ Διευθύνσεων Εκπαίδευσης της Αθήνας απάντησαν σε ερωτηματολόγιο, που μετρά την επαγγελματική εξουθένωση.

Από τις απαντήσεις του ερωτηματολογίου και την ανάλυση των δημογραφικών χαρακτηριστικών των συμμετεχόντων, προκύπτει το βασικό συμπέρασμα πως οι εκπαιδευτικοί που ασχολούνται με τη διδασκαλία παιδιών με ΔΕΠ/Υ εμφανίζουν μεσαία ποσοστά επαγγελματικής εξουθένωσης, καθώς το σύνολο του δείγματος εμφανίζει βαθμολογίες, ενδεικτικές του μεσαίου βαθμού συναισθηματικής εξάντλησης και αποπροσωποποίησης και του χαμηλού βαθμού προσωπικής επίτευξης.

Λέξεις – Κλειδιά: ΔΕΠ/Υ, Επαγγελματική εξουθένωση, Πρωτοβάθμια εκπαίδευση, Δευτεροβάθμια εκπαίδευση, Εκπαιδευτικοί

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