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**THE TEACHING OF CHILDREN WITH ADHD AS A FACTOR FOR
DEVELOPING BURNOUT SYNDROME FOR PRIMARY AND
SECONDARY TEACHERS**

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ABSTRACT

The present study focuses on burnout syndrome and examines the teaching of children with ADHD as a factor contributing to primary or secondary teacher's burnout.

In total, 73 participant teachers, employed both in primary and secondary education, from the 1st, 2nd and 3rd Athens School district, have answered a questionnaire that measuring the three dimensions of burnout, 1) emotional exhaustion, 2) depersonalization, and 3) personal accomplishment.

The main finding of this study, derived from the answers of the survey and the analysis of participant's demographic information, is the high level of burnout of educators teaching children with ADHD. The majority of participants' reports indicate medium levels of feelings of emotional exhaustion and depersonalization, and low levels of feelings of personal accomplishment.

Keywords: ADHD, Burnout, Primary Education, Secondary Education, Teachers

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