

Πρόγραμμα Μεταπτυχιακών Σπουδών Εξειδίκευσης
του Τμήματος Ελληνικής Φιλολογίας του Δημοκριτείου Πανεπιστημίου Θράκης
σε συνεργασία με το
ΕΚΕΦΕ Δημόκριτος – Ινστιτούτο Πληροφορικής και Επικοινωνιών
με τίτλο : «Εξειδίκευση στις Τ.Π.Ε. και Ειδική Αγωγή – Ψυχοπαιδαγωγική της ένταξης»

**Διαταραχή που σχετίζεται με τον τραυματισμό και το άγχος σε ανήλικους
πρόσφυγες**

Trauma and Stressor – Related Disorders in underage refugees

της

Τσομπόλη Ειρήνης

Μεταπτυχιακή διατριβή που υποβάλλεται

στην τριμελή επιτροπή για την απόκτηση του μεταπτυχιακού τίτλου του

Προγράμματος Μεταπτυχιακών Σπουδών Εξειδίκευσης

του Τ.Ε.Φ.-Δ.Π.Θ. σε συνεργασία με το Ε.Κ.Ε.Φ.Ε. Δημόκριτος – Ινστιτούτο

Πληροφορικής και Επικοινωνιών

με τίτλο: «Εξειδίκευση στις Τ.Π.Ε. και Ειδική Αγωγή – Ψυχοπαιδαγωγική της ένταξης»

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ΠΕΡΙΛΗΨΗ

Η παρούσα εργασία εξετάζει τη Διαταραχή που σχετίζεται με τον τραυματισμό και το άγχος (ΔΣΤΑ) και τις συνέπειες που επιφέρει στη ψυχοσύνθεση και στη γενικότερη λειτουργικότητα του ατόμου. Βασικός σκοπός της συγκεκριμένης βιβλιογραφικής ανασκόπησης αποτέλεσε η σύγκριση της ΔΣΤΑ των προσφύγων πολέμου με άλλους πληθυσμούς που έχουν υποστεί σοβαρές τραυματικές εμπειρίες όπως φυσικές καταστροφές, σεξουαλική κακοποίηση, ατυχήματα κλπ. Αρχικά γίνεται αναφορά στη συμπτωματολογία της ΔΣΤΑ αλλά και στα επιμέρους χαρακτηριστικά της, όπως είναι η συχνότητα εμφάνισης στο γενικό πληθυσμό, οι διαφορές εμφάνισης ανάμεσα στα δύο φύλα, οι επιπτώσεις στη ψυχοσύνθεση και λειτουργικότητα του ατόμου και οι παράγοντες που συμβάλλουν στη δημιουργία μιας ανθεκτικής προσωπικότητας για την αντιμετώπιση της συγκεκριμένης διαταραχής. Επιπλέον γίνεται αναφορά στους πρόσφυγες και στις τραυματικές εμπειρίες που αυτοί βιώνουν, αλλά και σε ανθρώπους οι οποίοι βίωσαν φυσικές καταστροφές ή υπέστησαν σεξουαλική κακοποίηση. Τα αποτελέσματα της βιβλιογραφικής ανασκόπησης έδειξαν ότι όλοι οι άνθρωποι οι οποίοι έχουν βιώσει τραυματικές εμπειρίες, αντιμετωπίζουν μεταξύ άλλων συνοδών προβλημάτων και συμπτώματα ΔΣΤΑ. Ωστόσο τα άτομα που ήρθαν αντιμέτωπα με σεξουαλική κακοποίηση, βιώνουν έντονα συναισθήματα ενοχής, κάτι που δεν υποδηλώνεται βιβλιογραφικά και ερευνητικά για τα άτομα τα οποία βίωσαν πόλεμο, φυσικές ή άλλου είδους καταστροφές. Τέλος, η στάση και η ψυχοσύνθεση των γονέων αποτελεί καθοριστικός παράγοντας για την εμφάνιση διαφόρων διαταραχών, όπως ΔΣΤΑ.

ΛΕΞΕΙΣ – ΚΛΕΙΔΙΑ

Διαταραχή που σχετίζεται με τον τραυματισμό και το άγχος, πρόσφυγες πολέμου, φυσικές καταστροφές, σεξουαλική κακοποίηση

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