

Πρόγραμμα Μεταπτυχιακών Σπουδών Εξειδίκευσης
του Τμήματος Ελληνικής Φιλολογίας του Δημοκριτείου Πανεπιστημίου Θράκης
σε συνεργασία με το
ΕΚΕΦΕ Δημόκριτος – Ινστιτούτο Πληροφορικής και Τηλεπικοινωνιών
με τίτλο: «Εξειδίκευση στις Τ.Π.Ε. και Ειδική Αγωγή – Ψυχοπαιδαγωγική της ένταξης»

ΟΡΓΑΝΙΚΕΣ ΧΗΜΙΚΕΣ ΟΥΣΙΕΣ ΚΑΙ ΑΥΤΙΣΜΟΣ

ORGANIC CHEMICAL COMPOUNDS AND AUTISM

του

Νησιώτη Μιχαήλ

Μεταπτυχιακή διατριβή που υποβάλλεται
Στην τριμελή επιτροπή για την απόκτηση του μεταπτυχιακού τίτλου του
Προγράμματος Μεταπτυχιακών Σπουδών Εξειδίκευσης
Του Τ.Ε.Φ. – Δ.Π.Θ. σε συνεργασία με το Ε.Κ.Ε.Φ.Ε. Δημόκριτος – Ινστιτούτο
Πληροφορικής και Τηλεπικοινωνιών
Με τίτλο: «Εξειδίκευση στις Τ.Π.Ε. και Ειδική Αγωγή – Ψυχοπαιδαγωγική της
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ΠΕΡΙΛΗΨΗ

Η διαταραχή αυτιστικού φάσματος περιγράφεται ως μια νευροαναπτυξιακή διαταραχή. Τα τελευταία 30 χρόνια παρατηρήθηκε μια μεγάλη αύξηση των διαγνώσεων του αυτισμού. Σύμφωνα με πρόσφατα στοιχεία, ένα ποσοστό έως και 40-50%, όσον αφορά παράγοντες που μπορεί να εμπλέκονται στην αιτιολογία του φάσματος του αυτισμού μπορεί να αποδοθεί σε περιβαλλοντικούς παράγοντες. Τα παιδιά σήμερα διατρέχουν κίνδυνο έκθεσης σε περίπου 3.000 συνθετικές χημικές ουσίες που παράγονται, η κάθε μία, σε ποσότητες άνω των 500 τόνων ετησίως, και ονομάζονται χημικές ουσίες υψηλού όγκου παραγωγής. Οι χημικές αυτές ουσίες εντοπίζονται σε μια ευρεία γκάμα καταναλωτικών αγαθών. Η παρούσα βιβλιογραφική ανασκόπηση εξετάζει την πιθανή συσχέτιση μεταξύ οργανικών χημικών ουσιών, με τις οποίες σχεδόν όλοι οι άνθρωποι έρχονται σε καθημερινή επαφή, και της διαταραχής αυτιστικού φάσματος, καθώς και πιθανούς μηχανισμούς μέσω των οποίων οι οργανικές αυτές χημικές ουσίες μπορούν να επηρεάσουν την εκδήλωση της διαταραχής. Πιο συγκεκριμένα εξετάζονται οργανικές χημικές ουσίες που περιέχονται σε παρασιτοκτόνα, σε ατμοσφαιρικούς ρύπους, σε πτητικές οργανικές ενώσεις/διαλύτες, σε μη επιμένοντες οργανικούς ρύπους, σε επιμένοντες οργανικούς ρύπους, στο κάπνισμα, στη διατροφή, στα φάρμακα και στα αρώματα. Η ακριβής αιτιολογία της διαταραχής αυτιστικού φάσματος παραμένει μέχρι σήμερα άγνωστη. Η βιβλιογραφία έχει εμπλέξει αρκετούς περιβαλλοντικούς παράγοντες που σχετίζονται με την ανάπτυξη της διαταραχής αυτιστικού φάσματος. Οι παράγοντες αυτοί περιλαμβάνουν πλήθος οργανικών χημικών ουσιών οι οποίες, ενώ πολλές φορές χαρακτηρίζονται ως επικίνδυνα τοξικά, περιέχονται σε προϊόντα καθημερινής χρήσης. Περαιτέρω έρευνα κρίνεται απαραίτητη για την αποσαφήνιση της συσχέτισης μεταξύ των επικίνδυνων οργανικών χημικών ουσιών και της διαταραχής του αυτιστικού φάσματος.

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