

**‘Specialization in ICTs and Special Education: Psychopedagogy
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**ALTERNATIVE AND COMPLEMENTARY METHODS OF
THERAPEUTIC INTERVENTION IN STUDENTS WITH
ATTENTION DEFICIT HYPERACTIVITY DISORDER**

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ABSTRACT

In recent years, there has been an increase in the number of children diagnosed with Attention Deficit Hyperactivity Disorder, the causes of which are considered multifactorial and have a high rate of co-morbidity. The purpose of this work is to highlight various alternative and complementary interventions, to alleviate parents' concerns about the side effects of medication but also the promotion of a holistic approach with the cooperation of professionals from various scientific fields. First, the theoretical framework, which includes the definition of ADHD with references to symptoms, etiology and in pharmaceutical solutions, is developed. Combined forms of treatment, the influence of environmental factors and the role of neuroplasticity in promoting alternative style of intervention are also highlighted. Then follows the research framework. . Next comes the main and most extensive part, which presents some of the most important alternative and complementary ways of managing the disorder, based on the findings of scientific studies. Finally, the conclusions are drawn from the ability to design a multipurpose school curriculum to more effectively tackle difficulties and enhance the capabilities of students with ADHD and not only.

Keywords:

Attention Deficit Hyperactivity Disorder, alternative and complementary medicine, neuroscience, homeopathy, herbal medicine, nutritional supplements, physical exercise, music therapy, information and communication technologies, neurofeedback, treatment with animals, religiousness, massage, therapeutic benefits of nature, hydrotherapy, meditation, relaxation, yoga, drama therapy, chess, martial arts, Mandala art therapy, vitamin D, dance, psychomotor intervention

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