'Specialization in ICTs and Special Education: Psychopedagogy of Integration' Postgraduate Program DEMOCRITUS UNIVERSITY OF THRACE Department of Greek Philology in collaboration with NCSR DEMOKRITOS Informatics and Telecommunications Institute

TRAUMA AND STRESSOR – RELATED DISORDERS IN UNDERAGE REFUGEES

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ABSTRACT

The current study examines the Trauma – and Stressor – Related Disorder and the effects it induces to person's mentality and general functionality. The main goal of this specific bibliographic review constitutes the comparison of Trauma – and Stressor - Related Disorder of refugees in comparison to other population who undergo severe traumatic experiences, such as natural disasters, sexual abuse, accidents etc. Originally it is mentioned the symptomatology of Trauma – and Stressor – Related Disorder and its characteristics, for example the frequency that it appearances to the general population, the differences between the two sexes, the repercussion of people's mentality and general functionality and the factors that contribute to create a resistant personality to confront this disorder. Furthermore, refugees and the traumatic experiences that they experience are mentioned and also people who experienced natural disasters or endured sexual abuse. The results of the bibliographic review showed that all the people who have faced traumatic experiences, develop Trauma and Stressor - Related Disorder and other problems. However, people who faced sexual assault, experienced intense feelings of guilt, something that is not declared in the bibliography and the review about people who experienced war, natural or other disasters. Lastly, the attitude and the mentality of parents constitutes a determinant factor for the appearance several disorders, such as Trauma – and Stressor – Related Disorder.

KEY-WORDS

Trauma – and Stressor – Related Disorder, war refugees, natural disasters, sexual abuse

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