

**‘Specialization in ICTs and Special Education: Psychopedagogy of Integration’
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ANXIETY AND LEARNING DISABILITIES

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ABSTRACT

The current study examines the relationship between anxiety and learning disabilities. First, the concept, the definitions, the types and the etiology of learning disabilities are all mentioned. In addition, the characteristics and the emotions of students with learning disabilities are presented. Furthermore, the concept of anxiety as an internalized mental disorder, but also the effects of school anxiety in psycho-emotional development and the functionality of children with and without learning disabilities are described. Moreover, the main goal of this specific bibliographic review constitutes the comparison between the test anxiety of learning-disabled students and the test anxiety of typically-developing students. Also, the gender differences are explored concerning the rates of test anxiety between the children with learning disabilities. Additionally, reading and mathematics are examined about their impact on students' anxiety with learning disabilities. The results of the bibliographic review showed that the children and adolescents with learning disabilities present higher levels of test anxiety than the typically-developing students. However, several studies revealed that learning-disabled female students face more emotional distress and anxiety than the learning-disabled male peers. Lastly, mathematics causes more anxiety in children and adolescents with learning disabilities than reading process.

KEY-WORDS: Learning disabilities, test anxiety, learning-disabled students, typically-developing students, gender differences, reading, mathematics

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