

Πρόγραμμα Μεταπτυχιακών Σπουδών Εξειδίκευσης
` του Τμήματος Ελληνικής Φιλολογίας του Δημοκριτείου Πανεπιστημίου Θράκης
σε συνεργασία με το
ΕΚΕΦΕ Δημόκριτος – Ινστιτούτο Πληροφορικής και Επικοινωνιών
με τίτλο: «Εξειδίκευση στις Τ.Π.Ε. και Ειδική Αγωγή-Ψυχοπαιδαγωγική της ένταξης»

**ΕΝΙΣΧΥΣΗ ΤΩΝ ΕΚΤΕΛΕΣΤΙΚΩΝ ΛΕΙΤΟΥΡΓΙΩΝ ΣΕ ΠΑΙΔΙΑ ΜΕ ΕΙΔΙΚΕΣ
ΕΚΠΑΙΔΕΥΤΙΚΕΣ ΑΝΑΓΚΕΣ ΜΕΣΩ ΕΦΑΡΜΟΓΩΝ ΚΙΝΗΤΩΝ ΤΗΛΕΦΩΝΩΝ**

**STRENGTHENING EXECUTIVE FUNCTIONS IN CHILDREN WITH SPECIAL
EDUCATIONAL NEEDS THROUGH MOBILE PHONE APPLICATIONS**

της
Αλεξανδροπούλου Βασιλικής

Μεταπτυχιακή διατριβή που υποβάλλεται
στην τριμελή επιτροπή για την απόκτηση του μεταπτυχιακού τίτλου του
Προγράμματος Μεταπτυχιακών Σπουδών Εξειδίκευσης
του Τ.Ε.Φ-Δ.Π.Θ. σε συνεργασία με το Ε.Κ.Ε.Φ.Ε. Δημόκριτος – Ινστιτούτο
Πληροφορικής και Επικοινωνιών
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ΠΕΡΙΛΗΨΗ

Τα άτομα με ειδικές εκπαιδευτικές ανάγκες φαίνεται να παρουσιάζουν μειωμένες εκτελεστικές λειτουργίες, με αποτέλεσμα να κινδυνεύουν από χαμηλές σχολικές επίδοσεις, παραμονή στην ίδια τάξη ή/και εγκατάλειψης του λυκείου αλλά και κοινωνικό αποκλεισμό. Τα κινητά τηλέφωνα ως εργαλείο στην εκπαίδευση των ατόμων αυτών μπορούν να συνεισφέρουν με τον καλύτερο δυνατό τρόπο στην ανάπτυξη των δεξιοτήτων τους, την οικοδόμηση της απαιτούμενης γνώσης και την εξασφάλιση ίσων ευκαιριών στην κοινωνική ζωή τους με αποτέλεσμα την ενίσχυση της ανεξαρτησίας τους και της αυτοεκτίμησης τους και συνεπώς την βελτιώση της σχολικής τους επίδοσης και της ένταξη τους στην κοινωνία. Η παρούσα έρευνα βασίστηκε σε άρθρα επιστημονικών περιοδικών και σε εξειδικεύμενα βιβλία, με σκοπό να διερευνήσει με ποιον τρόπο μπορούν τα κινητά τηλέφωνα να συμβάλλουν στην ενίσχυση των εκτελεστικών λειτουργιών και άρα στη σχολική επίδοση ατόμων αυτών. Τα αποτελέσματα έδειξαν ότι τα κινητά τηλέφωνα αποτελούν ένα φιλόδοξο εργαλείο ενίσχυσης των λειτουργιών αυτών αλλά και ανάπτυξης των κατάλληλων προγραμμάτων εκπαίδευσης, αφού μπορούν να προσαρμοστούν στις ανάγκες των ατόμων με ειδικές εκπαιδευτικές ανάγκες.

ΛΕΞΕΙΣ ΚΛΕΙΔΙΑ: Εκτελεστικές λειτουργίες/δεξιότητες, Εργαζόμενη μνήμη, Ανασταλτικός έλεγχος, Μεταγνώση, Ενσυναίσθηση, Κινητά τηλέφωνα

μόνο στην αγγλική γλώσσα. Τέλος, οι αναφορές των διεθνών οργανισμών έχουν εξαιρετικά μεγάλη έκταση και δεν ήταν δυνατό να διερευνηθούν εις βάθος στο χρονικό διάστημα που διεξήχθη η έρευνα

ΠΡΟΤΑΣΕΙΣ ΓΙΑ ΜΕΛΛΟΝΤΙΚΗ ΕΡΕΥΝΑ

Από την παρούσα εργασία προκύπτουν οι εξής προτάσεις για μελλοντική έρευνα:

- Να πραγματοποιηθούν περισσότερες μελέτες για τη χρήση των κινητών τηλεφώνων στα ελληνικά ειδικά σχολεία.
- Να πραγματοποιηθούν μελέτες για τις παραπάνω εφαρμογές σε μεγαλύτερο πληθυσμό, ώστε να παραχθούν εγκυρότερα αποτελέσματα.

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