

**Πρόγραμμα Μεταπτυχιακών Σπουδών Εξειδίκευσης του Τμήματος Ελληνικής Φιλολογίας
του Δημοκριτείου Πανεπιστημίου Θράκης
σε συνεργασία με το
ΕΚΕΦΕ Δημόκριτος – Ινστιτούτο Πληροφορικής και Επικοινωνιών με τίτλο: «Εξειδίκευση
στις Τ.Π.Ε. και Ειδική Αγωγή – Ψυχοπαιδαγωγική της ένταξης**

**ΑΝΑΠΤΥΞΗ ΚΟΙΝΩΝΙΚΩΝ ΚΑΙ ΣΥΝΑΙΣΘΗΜΑΤΙΚΩΝ ΔΕΞΙΟΤΗΤΩΝ ΣΤΟΝ
ΑΥΤΙΣΜΟ ΜΕΣΑ ΑΠΟ ΤΗ ΔΡΑΜΑΤΙΚΗ ΤΕΧΝΗ -
ΤΠΕ ΚΑΙ ΠΑΙΧΝΙΔΙΑ ΠΡΟΣΠΟΙΗΣΗΣ/ΡΟΛΩΝ
DEVELOPMENT OF SOCIAL AND EMOTIONAL SKILLS IN AUTISM
THROUGH DRAMA -
ICTs AND ROLE PLAYING GAMES**

της

Λυκοθανάση Ανδριάνας

Μεταπτυχιακή διατριβή που υποβάλλεται
στην τριμελή επιτροπή για την απόκτηση του μεταπτυχιακού τίτλου του
Προγράμματος Μεταπτυχιακών Σπουδών Εξειδίκευσης
του Τ.Ε.Φ-Δ.Π.Θ. σε συνεργασία με το Ε.Κ.Ε.Φ.Ε. Δημόκριτος – Ινστιτούτο
Πληροφορικής και Επικοινωνιών
με τίτλο: «Εξειδίκευση στις Τ.Π.Ε. και Ειδική Αγωγή – Ψυχοπαιδαγωγική της ένταξης»

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ΠΕΡΙΛΗΨΗ

Τα τελευταία χρόνια, παρατηρείται το φαινόμενο της όλο και μεγαλύτερης αύξησης των ατόμων που διαγιγνώσκονται με αυτισμό. Η εφαρμογή θεραπευτικών προγραμμάτων τα οποία τους παρέχουν τη δυνατότητα όχι μόνο να μειώσουν την εμφάνιση των συμπτωμάτων τους αλλά και να μπορέσουν να αναπτυχθούν, να ενταχθούν στο κοινωνικό πλαίσιο ομαλά και να αντιμετωπιστούν με ισότιμο τρόπο από τα μέλη του, είναι περισσότερο από ποτέ επιτακτική. Οι συναισθηματικής και κοινωνικής φύσης δυσκολίες που αντιμετωπίζουν τα άτομα αυτά αποτελούν αδιαμφισβήτητα τροχοπέδη στη συναισθηματική και κοινωνική τους ανάπτυξη, με αποτέλεσμα πολλές φορές να οδηγούνται ακόμα και στην κοινωνική απομόνωση. Κόντρα στην απομόνωση αυτή στέκεται το θέατρο, στο οποίο, τα ελλείμματα και οι μειονεξίες του αυτισμού αποτελούν σημαντικά στοιχεία που προσπαθεί να καλλιεργήσει και να υπηρετήσει. Σημαντικό εργαλείο συνιστούν και οι Τεχνολογίες της Πληροφορίας & των Επικοινωνιών όμως, οι οποίες έρχονται να ενσωματώσουν την βιωματική τεχνική role playing του θεάτρου, σε παρόμοια παιχνίδια που προσομοιάζουν τη πραγματική ζωή μέσα σε ασφαλή, προβλέψιμα και ελκυστικά περιβάλλοντα για τα άτομα αυτά. Εφαρμογές εικονικής πραγματικότητας, εφαρμογές βασισμένες σε υπολογιστή και φορητές συσκευές αλλά και ρομπότ, δημιουργούν τα σενάρια στα οποία το άτομο με αυτισμό θα μετατραπεί σε πρωταγωνιστή και θα αναπτύξει συναισθηματικές και κοινωνικές δεξιότητες.

Λέξεις κλειδιά : theater, drama, autism, ICTs, role-playing, social development, emotional development, social skills, emotional skills.

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