

Πρόγραμμα Μεταπτυχιακών Σπουδών Εξειδίκευσης
του Τμήματος Ελληνικής Φιλολογίας του Δημοκριτείου Πανεπιστημίου Θράκης
σε συνεργασία με το
ΕΚΕΦΕ Δημόκριτος – Ινστιτούτο Πληροφορικής και Τηλεπικοινωνιών
με τίτλο: «Εξειδίκευση στις Τ.Π.Ε. και Ειδική Αγωγή – Ψυχοπαιδαγωγική της ένταξης»

ΑΞΙΟΛΟΓΗΣΗ ΚΑΙ ΑΝΑΠΤΥΞΗ ΤΗΣ ΙΣΟΡΡΟΠΙΑΣ ΣΕ ΠΑΙΔΙΑ ΕΙΔΙΚΗΣ ΑΓΩΓΗΣ:

ΑΝΑΣΚΟΠΙΚΗ ΜΕΛΕΤΗ

EVALUATION AND DEVELOPMENT OF BALANCE CONTROL IN CHILDREN WITH

SPECIAL NEEDS: A REVIEW STUDY

της

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Μεταπτυχιακή διατριβή που υποβάλλεται
Στην τριμελή επιτροπή για την απόκτηση του μεταπτυχιακού τίτλου του
Προγράμματος Μεταπτυχιακών Σπουδών Εξειδίκευσης
Του Τ.Ε.Φ. – Δ.Π.Θ. σε συνεργασία με το Ε.Κ.Ε.Φ.Ε. Δημόκριτος – Ινστιτούτο
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Αθήνα

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ΠΕΡΙΛΗΨΗ

Η παρούσα εργασία εξετάζει την αξιολόγηση της ισορροπίας σε παιδιά με αναπηρίες καθώς και την επίδραση εξειδικευμένων προγραμμάτων παρέμβασης στην απόδοσή της. Για την ανασκοπική μελέτη πραγματοποιήθηκε βιβλιογραφική αναζήτηση άρθρων και ερευνών στις ηλεκτρονικές βάσεις δεδομένων Google Scholar, Academia Edu, ReasearchGate και DeepDyve που αφορούσαν α) την αξιολόγηση της ισορροπίας σε παιδιά με αναπηρίες και β) την ανάπτυξη της ισορροπίας σε παιδιά με αυτισμό, σύνδρομο Down και νοητική υστέρηση. Τα κριτήρια αναζήτησης και επιλογής της βιβλιογραφίας αφορούσαν στη συνάφεια με το θέμα της συγκεκριμένης μελέτης και στον χρόνο δημοσίευσης των άρθρων, καθώς επιδιώχθηκε να συμπεριληφθούν όσο το δυνατόν πιο πρόσφατα άρθρα. Ακόμα, κατά την επιλογή των άρθρων επιχειρήθηκε να εισαχθούν στην εργασία τα άρθρα εκείνα που θεωρήθηκε ότι αποτελούν καινοτόμες εκπαιδευτικές προσεγγίσεις, οι οποίες παρουσιάζουν ιδιαίτερο ενδιαφέρον και προσφέρουν δυνατότητες για άμεση αξιοποίηση και περαιτέρω έρευνα. Από την αναζήτηση αναδείχθηκαν 60 δημοσιευμένες μελέτες που αφορούσαν την αξιολόγηση και ανάπτυξη της ισορροπίας. Μεταξύ αυτών συμπεριλήφθηκαν 35 έρευνες που πληρούσαν τα κριτήρια που τέθηκαν. Από τη μελέτη αυτή έγινε φανερό ότι α) τα παιδιά με αναπηρίες παρουσιάζουν ελλείμματα στην ισορροπία τους συγκριτικά με τους τυπικής ανάπτυξης συνομηλικούς τους και β) τα προγράμματα παρέμβασης που στόχο έχουν τη βελτίωση της ισορροπίας έχουν θετικό αντίκτυπο στα παιδιά με αναπηρίες.

Λέξεις κλειδιά: ισορροπία, αξιολόγηση, ανάπτυξη, κινητική ανάπτυξη, κινητικές δεξιότητες, προγράμματα παρέμβασης, αναπηρίες, αυτισμός, σύνδρομο Down, νοητική υστέρηση.

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