

Πρόγραμμα Μεταπτυχιακών Σπουδών Εξειδίκευσης
του Τμήματος Ελληνικής Φιλολογίας του Δημοκριτείου Πανεπιστημίου Θράκης
σε συνεργασία με το
ΕΚΕΦΕ Δημόκριτος – Ινστιτούτο Πληροφορικής και Τηλεπικοινωνιών
με τίτλο: «Εξειδίκευση στις Τ.Π.Ε. και Ειδική Αγωγή – Ψυχοπαιδαγωγική της ένταξης»

ΜΕΘΟΔΟΙ ΠΑΡΕΜΒΑΣΗΣ ΓΙΑ ΤΗΝ ΚΟΙΝΩΝΙΚΟΣΥΝΑΙΣΘΗΜΑΤΙΚΗ ΑΝΑΠΤΥΞΗ ΤΩΝ ΠΑΙΔΙΩΝ ΜΕ ΔΕΠ-Υ

INTERVENTION METHODS FOR THE SOCIO-EMOTIONAL DEVELOPMENT OF CHILDREN WITH ADHD

της
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Μεταπτυχιακή διατριβή που υποβάλλεται
Στην τριμελή επιτροπή για την απόκτηση του μεταπτυχιακού τίτλου του
Προγράμματος Μεταπτυχιακών Σπουδών Εξειδίκευσης
Του Τ.Ε.Φ. – Δ.Π.Θ. σε συνεργασία με το Ε.Κ.Ε.Φ.Ε. Δημόκριτος – Ινστιτούτο
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ΠΕΡΙΛΗΨΗ

Η παρούσα βιβλιογραφική έρευνα, στα πλαίσια του Μεταπτυχιακού Προγράμματος Σπουδών με τίτλο: «Εξειδίκευση στις Τ.Π.Ε. και Ειδική Αγωγή – Ψυχοπαιδαγωγική της ένταξης», του Δημοκρίτειου Πανεπιστημίου Θράκης, σε συνεργασία με το ερευνητικό κέντρο Δημόκριτος (Ε.Κ.Ε.Φ.Ε.), επιχειρεί να διερευνήσει την φύση της διαταραχής Ελλειμματικής Προσοχής και Υπερκινητικότητας (ΔΕΠ-Υ), καθώς και τις κατάλληλες παρεμβάσεις για την κοινωνικοσυναισθηματική ανάπτυξη των παιδιών αυτών. Για τον σκοπό αυτόν, μελετήθηκαν 19 διεθνή άρθρα, των τελευταίων ετών από έγκριτα επιστημονικά περιοδικά, τα οποία αποτελούσαν έρευνες βιβλιογραφικές, είτε πεδίου. Συγκεκριμένα, τα ερωτήματα που καλείται να απαντήσει η έρευνα αυτή, αφορούν στην αναζήτηση της καταλληλότερης μεθόδου παρέμβασης στα παιδιά με ΔΕΠ-Υ, καθώς και του σημαντικότερου ελλείμματος των παιδιών αυτών που δυσχεραίνει την αποτελεσματική έκβαση των θεραπευτικών προγραμμάτων. Συμπερασματικά, διαπιστώθηκε ότι ο αποτελεσματικότερος τρόπος παρέμβασης, συμπεριλαμβάνει τον συνδυασμό των διαφορετικών μεθόδων και τεχνικών, ανάλογα με την περίπτωση κάθε παιδιού, καθώς και την συνεργασία μεταξύ των ειδικών και της οικογενείας.

Λέξεις κλειδιά: Διαταραχής Ελλειμματικής Προσοχής και Υπερκινητικότητας (ΔΕΠ-Υ), κοινωνικοσυναισθηματική ανάπτυξη, συμπεριφορικές/γνωστικές/φαρμακευτικές παρεμβάσεις, σχολείο, εναλλακτικές θεραπείες, τεχνολογία, μεθυλφαινιδάτη.

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