

**Πρόγραμμα Μεταπτυχιακών Σπουδών Εξειδίκευσης Του Τμήματος Ελληνικής Φιλολογίας  
του Δημοκρίτειου Πανεπιστήμιου Θράκης σε συνεργασία με το ΕΚΕΦΕ Δημόκριτος –  
Ινστιτούτο Πληροφορικής και Επικοινωνιών με τίτλο :**

**«Εξειδίκευση στις Τ.Π.Ε. και Ειδική Αγωγή – Ψυχοπαιδαγωγική της Ένταξης»**

**ΔΕΞΙΟΤΗΤΕΣ ΗΜΕΡΗΣΙΑΣ ΔΙΑΒΙΩΣΗΣ ΜΑΘΗΤΩΝ ΜΕ ΝΟΗΤΙΚΗ ΑΝΑΠΗΡΙΑ**

**DAILY SKILLS FOR STUDENTS WITH INTELLECTUAL DISABILITY**

της

Βασιλάκη Μαρίας

Μεταπτυχιακή διατριβή που υποβάλλεται στην τριμελή επιτροπή για την απόκτηση του μεταπτυχιακού τίτλου του Προγράμματος Μεταπτυχιακών Σπουδών Εξειδίκευσης του Τ.Ε.Φ-Δ.Π.Θ σε συνεργασία με το Ε.Κ.Ε.Φ.Ε Δημόκριτος – Ινστιτούτο Πληροφορικής και Επικοινωνιών με τίτλο: «Εξειδίκευση στις Τ.Π. Ε και Ειδική Αγωγή- Ψυχοπαιδαγωγική της ένταξης»

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## **Περίληψη**

Αρχικά προσεγγίζεται θεωρητικά ο όρος της νοητικής αναπηρίας, της αναπτυξιακής προσέγγισης καθώς γίνεται και μια παρουσίαση των γνωστικών χαρακτηριστικών των παιδιών με νοητική υστέρηση. Ακολούθως αναφέρεται ο ρόλος της ποιότητας ζωής στα άτομα με νοητική αναπηρία, αναλύονται οι δεξιότητες καθημερινής διαβίωσης και η συμβολή των Τ.Π.Ε στα άτομα με νοητική αναπηρία και οι τεχνικές διδασκαλίας δεξιοτήτων ημερήσιας διαβίωσης.

Εν συνεχείᾳ αναλύονται η ανεξάρτητη διαβίωση των ατόμων αυτών και ο όρος του αυτοπροσδιορισμού στην νοητική αναπηρία ο οποίος διαδραματίζει σπουδαίο ρόλο στην επίτευξη της ανεξάρτητης διαβίωσης των ατόμων αυτών.

Έπειτα ακολουθεί το κύριο μέρος στο οποίο γίνεται η βιβλιογραφική ανασκόπηση η οποία επικεντρώνεται στην παρουσίαση των ελληνικών λογισμικών για τη νοητική αναπηρία, των αναλυτικών προγραμμάτων σπουδών, των εκπαιδευτικών παρεμβάσεων για την διδασκαλία δεξιοτήτων ημερήσιας διαβίωσης ατόμων με νοητική αναπηρία (δεξιότητες καθημερινής ζωής (26 άρθρα), μαγειρικής (12 άρθρα), μετακίνησης (12 άρθρα)).

Τέλος η εργασία ολοκληρώνεται με την απάντηση των ερωτημάτων και την εξαγωγή των συμπερασμάτων και ακολουθεί η παράθεση μελλοντικών προτάσεων.

**Λέξις κλειδιά:** νοητική αναπηρία, δεξιότητες ημερήσιας διαβίωσης, δεξιότητες καθημερινής ζωής, δεξιότητες μαγειρικής, δεξιότητες μετακίνησης

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