

Πρόγραμμα Μεταπτυχιακών Σπουδών Εξειδίκευσης
του Τμήματος Ελληνικής Φιλολογίας του Δημοκριτείου Πανεπιστημίου Θράκης
σε συνεργασία με το

ΕΚΕΦΕ Δημόκριτος – Ινστιτούτο Πληροφορικής και Επικοινωνιών
με τίτλο : «Εξειδίκευση στις Τ.Π.Ε. και Ειδική Αγωγή – Ψυχοπαιδαγωγική της ένταξης»

ΜΕΤΑΤΡΑΥΜΑΤΙΚΗ ΔΙΑΤΑΡΑΧΗ ΚΑΙ ΑΣΥΝΟΔΕΥΤΟΙ ΑΝΗΛΙΚΟΙ ΠΡΟΣΦΥΓΕΣ

POST-TRAUMATIC DISORDER AND UNACCOMPANIED UNDERAGE REFUGEES

ΤΟΥ

Κατσιώλη Ηλία

Μεταπτυχιακή διατριβή που υποβάλλεται

στην τριμελή επιτροπή για την απόκτηση του μεταπτυχιακού τίτλου του

Προγράμματος Μεταπτυχιακών Σπουδών Εξειδίκευσης

του Τ.Ε.Φ.-Δ.Π.Θ. σε συνεργασία με το Ε.Κ.Ε.Φ.Ε. Δημόκριτος – Ινστιτούτο

Πληροφορικής και Επικοινωνιών

με τίτλο: «Εξειδίκευση στις Τ.Π.Ε. και Ειδική Αγωγή – Ψυχοπαιδαγωγική της ένταξης»

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Περίληψη

Η παρούσα εργασία εξετάζει την ψυχική υγεία των ανήλικων προσφύγων, εστιάζοντας στην εμφάνιση των ψυχικών τραυμάτων και κυρίως στην εμφάνιση της Διαταραχής Μετατραυματικού Στρες (PTSD) εξαιτίας των ακραία δύσκολων καταστάσεων που έρχονται αντιμέτωποι. Επιπλέον έχει ως στόχο να καταγράψει ποιο γεγονός είναι αυτό που πυροδοτεί περισσότερο την Διαταραχή του Μετατραυματικού Στρες καθώς και σε τι βαθμό η συγκροτημένη οικογένεια αποτελεί παράγοντα ανθεκτικότητας. Από την βιβλιογραφική έρευνα που διεξήχθη προέκυψε ότι οι ανήλικοι πρόσφυγες βιώνουν αναρίθμητες δυσκολίες και τραγικές καταστάσεις στον δρόμο της προσφυγιάς αφού συχνά πέφτουν θύματα εκμετάλλευσης (σεξουαλικής, οικονομικής) ενώ παράλληλα γίνονται μάρτυρες φρικαλέων γεγονότων όπως η καταστροφή των σπιτιών τους, ο θάνατος μέλους της οικογένειάς τους, η κακοποίηση τους και πολλά ακόμα. Τα αποτελέσματα έδειξαν ότι το γεγονός που προκαλεί τα μεγαλύτερα ποσοστά Μετατραυματικού Στρες είναι ο θάνατος αγαπημένου τους προσώπου και ειδικότερα του πατέρα ή της μητέρας. Επιπλέον αποδείχθηκε ότι η συγκροτημένη και ψυχικά ισορροπημένη οικογένεια διαδραματίζει σημαντικό ρόλο στην μείωση ακόμα και στην εξαφάνιση συμπτωμάτων Μετατραυματικού Στρες καθώς δημιουργεί στα παιδιά ένα ασφαλές περιβάλλον ενώ τέλος γίνεται και αναφορά στις επιπτώσεις που έχει το Μετατραυματικό Στρες στα παιδιά όταν αυτά ενηλικιώνονται.

ΛΕΞΕΙΣ – ΚΛΕΙΔΙΑ

Ψυχικό τραύμα, Διαταραχή Μετατραυματικού Στρες, Ασυνόδευτοι Ανήλικοι Πρόσφυγες, Ανήλικοι Πρόσφυγες, Σεξουαλική Κακοποίηση, Βομβαρδισμοί, Φυσικές καταστροφές

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