

**Πρόγραμμα Μεταπτυχιακών Σπουδών Εξειδίκευσης
του Τμήματος Ελληνικής Φιλολογίας του Δημοκριτείου Πανεπιστημίου Θράκης
σε συνεργασία με το
ΕΚΕΦΕ Δημόκριτος – Ινστιτούτο Πληροφορικής και Τηλεπικοινωνιών
με τίτλο: «Εξειδίκευση στις Τ.Π.Ε. και Ειδική Αγωγή – Ψυχοπαιδαγωγική της
ένταξης»**

**ΜΕΤΑΤΡΑΥΜΑΤΙΚΗ ΔΙΑΤΑΡΑΧΗ ΚΑΙ ΠΑΙΔΙΚΗ ΚΑΚΟΠΟΙΗΣΗ-
ΠΑΡΑΜΕΛΗΣΗ**

**POST-TRAUMATIC STRESS DISORDER AND CHILD ABUSE –
NEGLECT**

της Σταϊκοπούλου Μαρίας

Μεταπτυχιακή διατριβή που υποβάλλεται

στην τριμελή επιτροπή για την απόκτηση του μεταπτυχιακού τίτλου του
Προγράμματος Μεταπτυχιακών Σπουδών Εξειδίκευσης
Του Τ.Ε.Φ. – Δ.Π.Θ. σε συνεργασία με το Ε.Κ.Ε.Φ.Ε. Δημόκριτος – Ινστιτούτο
Πληροφορικής και Τηλεπικοινωνιών
Με τίτλο: «Εξειδίκευση στις Τ.Π.Ε. και Ειδική Αγωγή – Ψυχοπαιδαγωγική της
Ένταξης»

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Περίληψη

Στη συγκεκριμένη μελέτη εξετάστηκε το τραύμα υπό το πρίσμα της παιδικής κακοποίησης και παραμέλησης. Το τραύμα δεν είναι δεδομένο πως αναπτύσσεται μετά από κάποια γεγονότα. Υπάρχουν οπωσδήποτε γεγονότα και συνθήκες που ευνοούν την ανάπτυξη του τραύματος, χωρίς όμως ορισμένα γεγονότα να μπορούν να θεωρηθούν ως *a priori* τραυματικά. Έτσι, κάποια άτομα αναπτύσσουν τραύμα, ενώ κάποια άλλα δεν αναπτύσσουν, παρότι ενδεχομένως να έχουν εκτεθεί σε παρόμοιες ή ακόμα και ίδιες συνθήκες. Η παραμέληση και η κακοποίηση συνιστούν φαινόμενα άρρηκτα συνδεδεμένα με το τραύμα. Ενώ η παραμέληση φαίνεται να λαμβάνει μία συγκεκριμένη μορφή, η κακοποίηση μπορεί να είναι πολυδιάστατη και αφορά τη σωματική, σεξουαλική και ψυχολογική κακοποίηση. Ωστόσο, φαίνεται πως μπορούν να συνυπάρχουν πολλές μορφές κακοποίησης ταυτοχρόνως. Ιδίως η ψυχολογική κακοποίηση μπορεί να θεωρηθεί πως είναι παρούσα σε όλες τις μορφές. Δεδομένου πως η κακοποίηση και η παραμέληση συχνά δεν ανιχνεύονται, τεχνικές όπως το παιδικό σχέδιο ενδεχομένως να είναι αρκετά σημαντικές στον εντοπισμό περιστατικών κακοποίησης και παραμέλησης. Ένα άλλο ζήτημα που εξετάζεται από τη συγκεκριμένη μελέτη έχει να κάνει με τις επιδράσεις που συνεπάγεται η παιδική κακοποίηση. Ως προς τις σχέσεις της ενήλικης ζωής, φαίνεται πως η παιδική παραμέληση και κακοποίηση επιδρούν αρνητικά λόγω του ότι δεν επιτρέπουν σε πρώτη φάση την ανάπτυξη ενός ασφαλούς τύπου δεσμού με τον γονέα, που συμβάλλει στην ανάπτυξη υγιών διαπροσωπικών σχέσεων στην ενήλικη ζωή. Όσον αφορά τη σχέση της παραμέλησης και της κακοποίησης με την ψυχοπαθολογία, φαίνεται πως υπάρχει πληθώρα ψυχοπαθολογικών εκδηλώσεων που δεν αποτελούν αναγκαστικά τραυματικές διαταραχές, παρά αναπτύσσονται ως απόρροια του τραύματος, της παραμέλησης και της κακοποίησης. Για παράδειγμα, οι ψυχωτικού τύπου διαταραχές και οι διαταραχές προσωπικότητας επίσης αναπτύσσονται μετά το τραύμα, χωρίς όμως να αποτελούν φαινόμενα που σχετίζονται με την μετατραυματική διαταραχή. Μέσω της ανασκόπησης φαίνεται επίσης πως κατά την παρούσα πανδημία ενδεχομένως να έχει αυξηθεί η συχνότητα της παραμέλησης και της κακοποίησης, απαιτώντας σχετικές παρεμβάσεις για την ανίχνευση και αντιμετώπιση του φαινομένου. Τέλος, μέσα από τη συγκεκριμένη

μελέτη εξετάζονται τα παιδιά μεταναστών, τα οποία αποτελούν μια ευάλωτη έναντι του τραύματος της κακοποίησης ομάδα, όχι απαραίτητα λόγω μιας αυξημένης συχνότητας κακοποίησης, αλλά λόγω της ανεπαρκούς κοινωνικής υποστήριξης, που προάγει την ψυχοπαθολογία.

Λέξεις κλειδιά: παιδιά, παραμέληση, σεξουαλική κακοποίηση, σωματική κακοποίηση, ψυχολογική κακοποίηση

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