

Πρόγραμμα Μεταπτυχιακών Σπουδών Εξειδίκευσης
του Τμήματος Ελληνικής Φιλολογίας του Δημοκρίτειου Πανεπιστημίου Θράκης
σε συνεργασία με το
ΕΚΕΦΕ Δημόκριτος – Ινστιτούτο Πληροφορικής και Τηλεπικοινωνιών
με τίτλο: «Εξειδίκευση στις Τ.Π.Ε. και Ειδική Αγωγή – Ψυχοπαιδαγωγική της ένταξης»

**ΘΕΤΙΚΕΣ ΕΠΙΠΤΩΣΕΙΣ ΣΤΗΝ ΟΙΚΟΓΕΝΕΙΑ ΠΑΙΔΙΟΥ ΜΕ ΣΥΝΔΡΟΜΟ
DOWN: ΜΙΑ ΒΙΒΛΙΟΓΡΑΦΙΚΗ ΑΝΑΣΚΟΠΗΣΗ ΤΟΥ ΠΕΔΙΟΥ**

**POSITIVE EFFECTS OF FAMILIES OF CHILDREN WITH DOWN SYNDROME:
A SYSTEMATIC REVIEW**

της
Ταρσή Ευαγγελίας

Μεταπτυχιακή διατριβή που υποβάλλεται
Στην τριμελή επιτροπή για την απόκτηση του μεταπτυχιακού τίτλου του
Προγράμματος Μεταπτυχιακών Σπουδών Εξειδίκευσης
Του Τ.Ε.Φ. – Δ.Π.Θ. σε συνεργασία με το Ε.Κ.Ε.Φ.Ε. Δημόκριτος – Ινστιτούτο
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Περίληψη

Σκοπός: Σκοπός της παρούσας βιβλιογραφικής ανασκόπησης είναι η μελέτη των θετικών επιπτώσεων μελών οικογένειας παιδιού με Σύνδρομο Down. Στόχος της εργασίας είναι η εξέταση των θετικών επιπτώσεων τόσο για τους γονείς και τα αδέρφια παιδιών με Σύνδρομο Down αλλά και την οικογενειακή λειτουργία στο σύνολό της. Παράλληλα εξετάζονται παράγοντες που βοηθούν την προσαρμογή των μελών της οικογένειας.

Μεθοδολογία: Η έρευνα πραγματοποιήθηκε μέσω συστηματικής ανασκόπησης. Χρησιμοποιήθηκαν διαδικτυακές βάσεις δεδομένων (Scopus, Pubmed, Eric, Science Direct) αλλά και η εφαρμογή βιβλιογραφικών αναφορών Mendeley. Η αναζήτηση περιορίστηκε σε εμπειρικές μελέτες γραμμένες στα Αγγλικά δημοσιευμένες κατά το χρονικό διάστημα 2000-2020.

Αποτελέσματα: Από τα αποτελέσματα προέκυψε ότι τα μέλη οικογενειών παιδιού με Σύνδρομο Down βιώνουν μία σειρά θετικών επιπτώσεων σε ατομικό αλλά και συνολικό επίπεδο με αποτέλεσμα την υγιή οικογενειακή λειτουργία. Τα μέλη οικογενειών παιδιού με Σύνδρομο Down χρησιμοποιούν πλήθος στρατηγικών και δικτύων υποστήριξης γεγονός που τους βοηθά στην προσαρμογή.

Συμπέρασμα: Παρά τις δυσκολίες που συναντούν τα μέλη οικογένειας παιδιών με Σύνδρομο Down κατορθώνουν να ευημερούν ζώντας παραγωγικές ζωές. Η συνθήκη της αναπηρίας δεν αποτέλεσε εμπόδιο αλλά ευκαιρία για εξέλιξη με αποτέλεσμα την υγιή ατομική και οικογενειακή λειτουργία.

Λέξεις κλειδιά: Οικογένεια, γονείς, αδέρφια, θετική επίπτωση, Σύνδρομο Down.

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