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EMOTIONAL INTELLIGENCE IN AUTISM SPECTRUM DISORDER

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ABSTRACT

Autism Spectrum Disorder (ASD) is a neurodevelopmental disorder characterized by deficits in communication and social interaction and limited, repetitive patterns in behaviors, interests, and activities. Symptoms appear early in development and affect the daily functioning of people with autism. The term "spectrum" is used because of the heterogeneity in the presentation and severity of autism symptoms, as well as in the skills and level of functioning of individuals with this disorder. Emotional intelligence or heart intelligence refers to a variety of skills, such as being able to find motivation for yourself and withstand frustrations, to control and regulate your mood properly and to have empathy and hope. Unlike Emotional Intelligence (IQ), which has been studied by hundreds of thousands of people for many years, Emotional Intelligence (EI) is a new concept. No one can yet say exactly to what extent he is responsible for the differences in people in their lives. From the data it seems that it can be just as and sometimes more powerful than IQ. Although there are those who claim that IQ cannot be significantly altered by experience or education, it turns out that key emotional skills can be altered and improved in children with autism if we take the trouble to teach them. The present study is a literature review that focuses on emotional intelligence in autism spectrum disorder, focusing on the use of Information and Communication Technologies (ICT) and Robotics. The results showed that the application of appropriate methods can effectively improve the onset of basic symptoms of autism, such as social interaction, eye contact, behavioral problems, social skills, improved self-esteem and better understanding of emotions in persons applied. Therefore, we conclude that emotional intelligence can develop in Diffuse Developmental Disorders (autism).

KEY WORDS: Diffuse Developmental Disorders, Autism, Emotional Intelligence, DSM-5, Social Deficits, Neurodevelopmental Disorders

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