

**‘Specialization in ICTs and Special Education: Psychopedagogy
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DAILY SKILLS FOR STUDENTS WITH INTELLECTUAL DISABILITY

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ABSTRACT

Initially, the term of intellectual disability, the developmental approach, is approached theoretically, as well as a presentation of the cognitive characteristics of children with mental retardation. Accordingly the role of quality of life in people with intellectual disability is mentioned and the skills of daily living and the contribution of information communication technologies to people with intellectual disability and the techniques of teaching daily living skills are analyzed

Then the independent living of these people and the term of self-determination in intellectual disability, which is important in achieving the independent living of these people, are analyzed.

Then follows the main part in which the bibliographic review is made which focuses on the presentation of Greek software for the intellectual disability, the curricula, the educational interventions for the teaching of daily living skills of people with intellectual disability (daily life skills (26 articles) , cooking skills (12 articles), transport skills (12 articles)).

Finally, the work is completed by answering the investigative questions and exporting conclusions, followed by the presentation of future proposals.

Keywords: mental retardation, daily living skills, daily life skills, cooking skills, transport skills

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