



**Πρόγραμμα Μεταπτυχιακών Σπουδών Εξειδίκευσης**  
**του Τμήματος Ελληνικής Φιλολογίας του Δημοκριτείου Πανεπιστημίου Θράκης**  
σε συνεργασία με το



**ΕΚΕΦΕ Δημόκριτος – Ινστιτούτο Πληροφορικής και Τηλεπικοινωνιών**  
με τίτλο: «Εξειδίκευση στις Τ.Π.Ε. και Ειδική Αγωγή – Ψυχοπαιδαγωγική της ένταξης»

## **ΣΧΕΣΗ ΜΑΘΗΣΙΑΚΩΝ ΔΥΣΚΟΛΙΩΝ ΚΑΙ ΣΥΝΑΙΣΘΗΜΑΤΙΚΩΝ ΔΥΣΚΟΛΙΩΝ**

### **Relationship of learning difficulties and emotional difficulties**

της

Καραθανάση Αναστασίας

Μεταπτυχιακή διατριβή που υποβάλλεται  
στην τριμελή επιτροπή για την απόκτηση του μεταπτυχιακού τίτλου του  
Προγράμματος Μεταπτυχιακών Σπουδών Εξειδίκευσης  
Του Τ.Ε.Φ. – Δ.Π.Θ. σε συνεργασία με το Ε.Κ.Ε.Φ.Ε. Δημόκριτος – Ινστιτούτο  
Πληροφορικής και Τηλεπικοινωνιών  
Με τίτλο: «Εξειδίκευση στις Τ.Π.Ε. και Ειδική Αγωγή – Ψυχοπαιδαγωγική της Ένταξης»

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## ΠΕΡΙΛΗΨΗ

Η συγκεκριμένη εργασία αποτελεί βιβλιογραφική ανασκόπηση με σκοπό τη διερεύνηση της συσχέτισης των μαθησιακών δυσκολιών και των συναισθηματικών δυσκολιών. Συγκεκριμένα τα ερωτήματα που κλήθηκε να απαντήσει η έρευνα αυτή αφορούσαν στο αν οι μαθητές με μαθησιακές δυσκολίες αντιμετωπίζουν μεγαλύτερο κίνδυνο να εμφανίσουν συναισθηματικές δυσκολίες αλλά και στον εντοπισμό εκείνου του συναισθηματικού προβλήματος που προκαλεί την κυριότερη μαθησιακή δυσκολία στη συγκεκριμένη ομάδα μαθητών. Για το σκοπό αυτό πραγματοποιήθηκε μελέτη διεθνών και Ελληνικών άρθρων ,παλαιότερων αλλά και των τελευταίων ετών από επιστημονικά περιοδικά, τα οποία αποτελούσαν βιβλιογραφικές έρευνες και έρευνες πεδίου.Από την διεξαγωγή της έρευνας προέκυψε μέσα από τα αποτελέσματα ότι οι μαθητές με μαθησιακές δυσκολίες όντως αντιμετωπίζουν μεγαλύτερο κίνδυνο εμφάνισης συναισθηματικών δυσκολιών.Μάλιστα οι έρευνες απέδειξαν ότι η μοναξιά , η κατάθλιψη ,το άγχος αλλά και η χαμηλή αυτοεκτίμηση επηρεάζουν τους μαθητές με μαθησιακές δυσκολίες αλλά και την ακαδημαϊκή τους απόδοση.Συμπερασματικά διαπιστώθηκε ότι το αίσθημα αποτυχίας που νιώθουν οι μαθητές με μαθησιακές δυσκολίες επηρεάζει και τη συναισθηματική τους ισορροπία.

Λέξεις- κλειδιά : μαθησιακές δυσκολίες, συναισθηματικές δυσκολίες, χαμηλή αυτοεκτίμηση, μαθητές

σημαντικό για την εξέλιξη της έρευνας της σχέσης των συναισθηματικών και μαθησιακών δυσκολιών να γίνει περαιτέρω μελέτη με την παραπάνω εκδοχή.

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