

Πρόγραμμα Μεταπτυχιακών Σπουδών Εξειδίκευσης
του Τμήματος Ελληνικής Φιλολογίας του Δημοκριτείου Πανεπιστημίου Θράκης
σε συνεργασία με το
ΕΚΕΦΕ Δημόκριτος – Ινστιτούτο Πληροφορικής και Τηλεπικοινωνιών
με τίτλο: «Εξειδίκευση στις Τ.Π.Ε. και Ειδική Αγωγή – Ψυχοπαιδαγωγική της ένταξης»

**ΚΙΝΗΤΙΚΗ ΕΠΙΔΕΞΙΟΤΗΤΑ ΠΑΙΔΙΩΝ ΣΤΟ ΦΑΣΜΑ ΤΟΥ ΑΥΤΙΣΜΟΥ
(ΕΡΕΥΝΗΤΙΚΗ)**

**MOTOR COMPETENCE OF CHILDREN WITH AUTISM SPECTRUM
DISORDER (RESEARCH)**

της

Πιτταρά Ιουλιανής

Μεταπτυχιακή διατριβή που υποβάλλεται
Στην τριμελή επιτροπή για την απόκτηση του μεταπτυχιακού τίτλου του
Προγράμματος Μεταπτυχιακών Σπουδών Εξειδίκευσης
Του Τ.Ε.Φ. – Δ.Π.Θ. σε συνεργασία με το Ε.Κ.Ε.Φ.Ε. Δημόκριτος – Ινστιτούτο
Πληροφορικής και Τηλεπικοινωνιών
Με τίτλο: «Εξειδίκευση στις Τ.Π.Ε. και Ειδική Αγωγή – Ψυχοπαιδαγωγική της
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ΠΕΡΙΛΗΨΗ

Η κινητική αξιολόγηση των παιδιών θεωρείται απαραίτητη και πολύτιμη για την πλήρη κατανόηση της εξέλιξής τους. Για τα παιδιά με ΔΑΦ έχουν τεκμηριωθεί απόψεις ότι παρουσιάζουν ελλείμματα κινητικών δεξιοτήτων σε σχέση με τυπικά αναπτυσσόμενα παιδιά της ίδιας ηλικίας. Τα ελλείμματα στις κινητικές δεξιότητες, εκτός των άλλων, μπορούν να εμποδίσουν τα παιδιά και τους εφήβους με ΔΑΦ να συμμετέχουν στο παιχνίδι κατά τη διάρκεια του διαλείμματος και του ελεύθερου χρόνου τους και αυτός ο καθιστικός τρόπος ζωής επηρεάζει αρνητικά τη μακροπρόθεσμη υγεία και την ευεξία τους. Ο σκοπός της παρούσας έρευνας ήταν η αξιολόγηση της κινητικής επιδεξιότητας παιδιών με ΔΑΦ. Στην έρευνα έλαβαν μέρος 18 μαθητές ειδικού δημοτικού σχολείου με διάγνωση Διαταραχής Αυτιστικού Φάσματος, 14 αγόρια και 4 κορίτσια, ηλικίας 7 – 11 ετών. Για την αξιολόγηση των θεμελιωδών κινητικών δεξιοτήτων τους χρησιμοποιήθηκε το Test of Gross Motor Development-3 (TGMD-3) (Ulrich 2019). Τα αποτελέσματα έδειξαν ότι το 67% των μαθητών βρίσκονταν στο χαμηλότερο επίπεδο αδρής κινητικότητας, το 28% σε οριακό επίπεδο ενώ μόνο για το 5% υπήρξε αποτέλεσμα για αδρή κινητικότητα κάτω του μέσου όρου. Λαμβάνοντας υπόψη ότι οι αδρές κινητικές δεξιότητες εξασκούνται και μπορούν να συμβάλλουν στα συνολικά αναπτυξιακά αποτελέσματα για τα παιδιά με ΔΑΦ κρίνεται απαραίτητη η έγκαιρη και στοχευμένη παρέμβαση.

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