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Τμήμα Ελληνικής Φιλολογίας

ΠΜΣ: Εξειδίκευση στις Τ.Π.Ε. και Ειδική Αγωγή – Ψυχοπαιδαγωγική της ένταξης

#### ΠΤΥΧΙΑΚΗ ΕΡΓΑΣΙΑ

Συμβουλευτική ψυχολογία γονέων των οποίων τα παιδιά διαγνώστηκαν με ΔΕΠ-Υ στην προσχολική ηλικία μία βιβλιογραφική ανασκόπηση.

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## ΠΕΡΙΛΗΨΗ

Η παρούσα εργασία έχει ως στόχο να διερευνήσει το πώς θα συμβάλει ο εκπαιδευτικός ως σύμβουλος στην καθοδήγηση των γονέων των οποίων τα παιδιά αντιμετωπίζουν το σύνδρομο ελλειμματικής προσοχής και υπερκινητικότητας. Με αποτέλεσμα τα παιδιά με ΔΕΠ-Υ (ADHD), να ενταχθούν ομαλά στην εκπαιδευτική διαδικασία της προσχολικής εκπαίδευσης. Η παρούσα εργασία είναι με βιβλιογραφική ανασκόπηση και αρχικά γίνεται μια σύντομη αναφορά στον ορισμό ΔΕΠ-Υ, στις μορφές του, στα χαρακτηριστικά του, στα αίτια καθώς και στους τρόπους διάγνωσης της συγκεκριμένης διαταραχής. Στην συνέχεια, γίνεται μια συνοπτική αναφορά στον ορισμό της συμβουλευτικής και στον ρόλο του εκπαιδευτικού ως συμβούλου ώστε η ένταξη μαθητών με ΔΕΠ-Υ να είναι εφικτή. Τέλος γίνεται αναφορά στο πόσο σημαντική και απαραίτητη είναι η συμβουλευτική των γονέων των οποίων τα παιδιά διαγνώστηκαν με διαταραχή ελλειμματικής προσοχής και υπερκινητικότητας στην προσχολική ηλικία ώστε να ενταχθούν ομαλά στο σχολικό και κατ' επέκταση στο κοινωνικό πλαίσιο.

Στην παρούσα θα γίνει ανάλυση και επεξήγηση, σε θεωρητικό επίπεδο, τι σημαίνει ΔΕΠ-Υ, τις μορφές, τα χαρακτηριστικά της, τα αίτια και τους τρόπους που μπορεί να γίνει η διάγνωση της. Αφετέρου, θα εξηγηθεί η σημασία της συμβουλευτικής όσον αφορά τους γονείς, ώστε τα παιδιά που αντιμετωπίζουν διαταραχή ελλειμματικής προσοχής και υπερκινητικότητας να λειτουργήσουν αποτελεσματικά στην διαδικασία της κατάκτησης της γνώσης στην προσχολική εκπαίδευση. Τέλος, θα αναφερθούν τα προγράμματα στα οποία θα μπορούν οι γονείς να ενταχθούν ώστε να δεχτούν την κατάλληλη συμβουλευτική υποστήριξη με στόχο να γίνουν αρωγοί στην κοινωνικοποίηση και στην ομαλή ένταξη των παιδιών τους στο σχολικό και στο κοινωνικό πλαίσιο.

**ΛΕΞΕΙΣ ΚΛΕΙΔΙΑ:** Διαταραχή ελλειμματικής προσοχής και υπερκινητικότητας, προσχολική ηλικία, ειδική αγωγή, συμβουλευτική ψυχολογία, συνεργασία σχολείου οικογένειας, πρόωμη παρέμβαση

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### **Ελληνική**

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