



ΔΗΜΟΚΡΙΤΕΙΟ ΠΑΝΕΠΙΣΤΗΜΙΟ ΘΡΑΚΗΣ
ΣΧΟΛΗ ΚΛΑΣΙΚΩΝ ΚΑΙ ΑΝΘΡΩΠΙΣΤΙΚΩΝ ΣΠΟΥΔΩΝ
ΤΜΗΜΑ ΕΛΛΗΝΙΚΗΣ ΦΙΛΟΛΟΓΙΑΣ
σε συνεργασία με το
ΕΘΝΙΚΟ ΚΕΝΤΡΟ ΕΡΕΥΝΑΣ ΦΥΣΙΚΩΝ ΕΠΙΣΤΗΜΩΝ
«ΔΗΜΟΚΡΙΤΟΣ»
ΙΝΣΤΙΤΟΥΤΟ ΠΛΗΡΟΦΟΡΙΚΗΣ ΚΑΙ ΤΗΛΕΠΙΚΟΙΝΩΝΙΩΝ

ΔΙΔΡΥΜΑΤΙΚΟ ΠΡΟΓΡΑΜΜΑ ΜΕΤΑΠΤΥΧΙΑΚΩΝ ΣΠΟΥΔΩΝ:
ΕΞΕΙΔΙΚΕΥΣΗ ΣΤΙΣ Τ.Π.Ε. ΚΑΙ ΕΙΔΙΚΗ ΑΓΩΓΗ – ΨΥΧΟΠΑΙΔΑΓΩΓΙΚΗ ΤΗΣ ΕΝΤΑΞΗΣ

ΜΕΤΑΠΤΥΧΙΑΚΗ ΔΙΑΤΡΙΒΗ

Διαταραχή χρήσης εθιστικών ουσιών σε εφήβους μαθητές με ΔΕΠ-Υ

Παναγιώτα Σαρρή, Α.Μ. 533

Μεταπτυχιακή διατριβή που υποβάλλεται στην τριμελή επιτροπή για την απόκτηση του μεταπτυχιακού τίτλου του Προγράμματος Μεταπτυχιακών Σπουδών Εξειδίκευσης του Τ.Ε.Φ. – Δ.Π.Θ. σε συνεργασία με το Ε.Κ.Ε.Φ.Ε. Δημόκριτος – Ινστιτούτο Πληροφορικής και Τηλεπικοινωνιών με τίτλο: «Εξειδίκευση στις Τ.Π.Ε. και Ειδική Αγωγή – Ψυχοπαιδαγωγική της Ένταξης»

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ΠΕΡΙΛΗΨΗ

Το ζήτημα της ταυτόχρονης εμφάνισης της ΔΕΠ-Υ με τη Διαταραχή Χρήσης Εθιστικών Ουσιών (ΔΧΕΟ) και η κατανόηση της μεταξύ τους σχέσης έχει απασχολήσει έντονα την επιστημονική κοινότητα τα τελευταία χρόνια. Η παρούσα βιβλιογραφική ανασκόπηση προσπάθησε, αρχικά, να συγκεντρώσει και να συνοψίσει τα επιστημονικά δεδομένα αναφορικά με τη σχέση αυτή. Στη συνέχεια, σκοπός ήταν να διερευνηθεί η ΔΕΠ-Υ ως παράγοντας κινδύνου για την ανάπτυξη της ΔΧΕΟ και να αξιολογηθεί ο ρόλος της φαρμακευτικής αγωγής της ΔΕΠ-Υ στην πιθανή εμφάνιση της ΔΧΕΟ σε έφηβους μαθητές. Αναζητήθηκαν σχετικά επιστημονικά άρθρα από το 2008-2023 στις βάσεις δεδομένων Academia.edu, ResearchGate, SpringerOpen, και PubMed. Εστίασαμε σε 22 μελέτες εκ των οποίων οι εννέα (9) εξέταζαν τους λόγους συσχέτισης των δύο διαταραχών και οι δεκατρείς (13) διερευνούσαν τη συσχέτιση της φαρμακευτικής αγωγής της ΔΕΠ-Υ με την ανάπτυξη της ΔΧΕΟ. Η συγκεντρωτική ανάλυση έδειξε ότι η ΔΕΠ-Υ αποτελεί παράγοντα κινδύνου για την εμφάνιση της ΔΧΕΟ σε εφήβους και ακόμη, ότι τα διεγερτικά που τους χορηγούνται για την καταστολή των συμπτωμάτων της ΔΕΠ-Υ, λειτουργούν προστατευτικά μπροστά στον κίνδυνο να αναπτύξουν ΔΧΕΟ. Ωστόσο, η μελέτη αδυνατεί να εξάγει οριστικά συμπεράσματα λόγω του περιορισμένου εύρους ανασκόπησης. Σε κάθε περίπτωση, με την παρούσα μελέτη τονίζεται η ανάγκη να διεξαχθούν περισσότερες έρευνες στο μέλλον, διότι εάν κατανοηθεί σε βάθος η συσχέτιση των δύο διαταραχών θα επιτύχουμε και τις βέλτιστες πρακτικές για τη διαχείριση και αντιμετώπισή τους και εν τέλει τη μείωση του κινδύνου εμφάνισης της ΔΧΕΟ σε έφηβους μαθητές με ΔΕΠ-Υ.

Λέξεις-κλειδιά: ΔΕΠ-Υ, διαταραχή χρήσης εθιστικών ουσιών, εφηβεία

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