



ΔΗΜΟΚΡΙΤΕΙΟ ΠΑΝΕΠΙΣΤΗΜΙΟ ΘΡΑΚΗΣ
ΣΧΟΛΗ ΚΛΑΣΙΚΩΝ ΚΑΙ ΑΝΘΡΩΠΙΣΤΙΚΩΝ ΣΠΟΥΔΩΝ
ΤΜΗΜΑ ΕΛΛΗΝΙΚΗΣ ΦΙΛΟΛΟΓΙΑΣ
σε συνεργασία με το
ΕΘΝΙΚΟ ΚΕΝΤΡΟ ΕΡΕΥΝΑΣ ΦΥΣΙΚΩΝ ΕΠΙΣΤΗΜΩΝ
«ΔΗΜΟΚΡΙΤΟΣ»
ΙΝΣΤΙΤΟΥΤΟ ΠΛΗΡΟΦΟΡΙΚΗΣ ΚΑΙ ΤΗΛΕΠΙΚΟΙΝΩΝΙΩΝ

ΔΙΙΔΡΥΜΑΤΙΚΟ ΠΡΟΓΡΑΜΜΑ ΜΕΤΑΠΤΥΧΙΑΚΩΝ ΣΠΟΥΔΩΝ:
ΕΞΕΙΔΙΚΕΥΣΗ ΣΤΙΣ Τ.Π.Ε. ΚΑΙ ΕΙΔΙΚΗ ΑΓΩΓΗ – ΨΥΧΟΠΑΙΔΑΓΩΓΙΚΗ ΤΗΣ ΕΝΤΑΞΗΣ

ΤΙΤΛΟΣ ΕΡΓΑΣΙΑΣ

«Κοινωνικό- συναισθηματικές δεξιότητες στα χαρισματικά άτομα»

Ιωάννης Γαλάνης Α.Μ.: 687

Μεταπτυχιακή διατριβή που υποβάλλεται στην τριμελή επιτροπή για την απόκτηση του μεταπτυχιακού τίτλου του Προγράμματος Μεταπτυχιακών Σπουδών Εξειδίκευσης του Τ.Ε.Φ. – Δ.Π.Θ. σε συνεργασία με το Ε.Κ.Ε.Φ.Ε. Δημόκριτος – Ινστιτούτο Πληροφορικής και Τηλεπικοινωνιών με τίτλο: «Εξειδίκευση στις Τ.Π.Ε. και Ειδική Αγωγή – Ψυχοπαιδαγωγική της Ένταξης»

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ΠΕΡΙΛΗΨΗ

Η εργασία αυτή εξετάζει τις κοινωνικό -συναισθηματικές ανάγκες των χαρισματικών μαθητών και τις στρατηγικές υποστήριξής τους, βασισμένη σε μια βιβλιογραφική ανασκόπηση 20 μελετών που δημοσιεύθηκαν μετά το 2014. Η εστίαση της έρευνας είναι να αναδείξει τις κοινωνικές και συναισθηματικές προκλήσεις που αντιμετωπίζουν οι μαθητές αυτοί, καθώς και τις στρατηγικές που μπορούν να χρησιμοποιηθούν για την υποστήριξή τους τόσο στο σχολικό όσο και στο κοινωνικό τους περιβάλλον. Τα αποτελέσματα της ανασκόπησης αποκαλύπτουν ότι οι χαρισματικοί μαθητές συχνά αντιμετωπίζουν κοινωνική απομόνωση, συναισθηματική δυσφορία και δυσκολία στην κοινωνική ενσωμάτωση με τους συνομηλίκους τους. Αυτές οι προκλήσεις είναι συχνά συνδεδεμένες με υψηλές προσδοκίες από το περιβάλλον τους, οι οποίες ενδέχεται να τους προκαλούν άγχη και συναισθηματική ένταση. Επιπλέον, η δυσκολία της διαχείρισης των συναισθημάτων και της έκφρασης των κοινωνικών δεξιοτήτων καθιστά ακόμα πιο έντονες τις δυσκολίες τους.

Η έρευνα αναδεικνύει τη σημασία των στρατηγικών υποστήριξης, όπως τα προγράμματα κοινωνικό-συναισθηματικής μάθησης (SEL), τα οποία έχουν αποδειχθεί αποτελεσματικά στην ενίσχυση της κοινωνικής και συναισθηματικής ανάπτυξης των χαρισματικών μαθητών. Οι στρατηγικές που επικεντρώνονται στη βελτίωση της αυτοεκτίμησης, της συναισθηματικής νοημοσύνης και των κοινωνικών δεξιοτήτων τους είναι καθοριστικές για τη μείωση των προκλήσεων αυτών.

Συνολικά, η έρευνα προσφέρει μια πλήρη εικόνα των κοινωνικό - συναισθηματικών αναγκών των χαρισματικών μαθητών και των αποτελεσματικών στρατηγικών υποστήριξης που μπορούν να ενισχύσουν την κοινωνική τους ένταξη και συναισθηματική ευημερία. Οι εκπαιδευτικοί, οι γονείς και οι ειδικοί χρειάζονται να αναγνωρίσουν αυτές τις ανάγκες και να εφαρμόσουν στρατηγικές που βοηθούν τους χαρισματικούς μαθητές να εξελιχθούν σε συναισθηματικά και κοινωνικά ισχυρούς ενήλικες.

Λέξεις-κλειδιά: χαρισματικοί μαθητές, κοινωνικό-συναισθηματική ανάπτυξη, προγράμματα SEL, κοινωνικές προκλήσεις, στρατηγικές υποστήριξης.

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