



ΔΗΜΟΚΡΕΙΤΕΙΟ ΠΑΝΕΠΙΣΤΗΜΙΟ ΘΡΑΚΗΣ
ΣΧΟΛΗ ΚΛΑΣΙΚΩΝ ΚΑΙ ΑΝΘΡΩΠΙΣΤΙΚΩΝ ΣΠΟΥΔΩΝ
ΤΜΗΜΑ ΕΛΛΗΝΙΚΗΣ ΦΙΛΟΛΟΓΙΑΣ

σε συνεργασία με το

ΕΘΝΙΚΟ ΚΕΝΤΡΟ ΕΡΕΥΝΑΣ ΦΥΣΙΚΩΝ ΕΠΙΣΤΗΜΩΝ
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ΙΝΣΤΙΤΟΥΤΟ ΠΛΗΡΟΦΟΡΙΚΗΣ ΚΑΙ ΤΗΛΕΠΙΚΟΙΝΩΝΙΩΝ

ΔΙΔΡΥΜΑΤΙΚΟ ΠΡΟΓΡΑΜΜΑ ΜΕΤΑΠΤΥΧΙΑΚΩΝ ΣΠΟΥΔΩΝ:
ΕΞΕΙΔΙΚΕΥΣΗ ΣΤΙΣ Τ.Π.Ε. ΚΑΙ ΕΙΔΙΚΗ ΑΓΩΓΗ – ΨΥΧΟΠΑΙΔΑΓΩΓΙΚΗ ΤΗΣ ΕΝΤΑΞΗΣ

ΜΕΤΑΠΤΥΧΙΑΚΗ ΔΙΑΤΡΙΒΗ

ΑΥΤΙΣΜΟΣ ΚΑΙ ΕΠΙΔΡΑΣΗ ΣΤΗΝ ΟΙΚΟΓΕΝΕΙΑ

της Παπαγεωργοπούλου Χριστίνας Α.Μ. 605

Μεταπτυχιακή διατριβή που υποβάλλεται στην τριμελή επιτροπή για την απόκτηση του μεταπτυχιακού τίτλου του Προγράμματος Μεταπτυχιακών Σπουδών Εξειδίκευσης του Τ.Ε.Φ. – Δ.Π.Θ. σε συνεργασία με το Ε.Κ.Ε.Φ.Ε. Δημόκριτος – Ινστιτούτο Πληροφορικής και Τηλεπικοινωνιών με τίτλο: «Εξειδίκευση στις Τ.Π.Ε. και Ειδική Αγωγή – Ψυχοπαιδαγωγική της Ένταξης»

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ΠΕΡΙΛΗΨΗ

Ο Αυτισμός ή Διαταραχή Αυτιστικού Φάσματος έχει αναγνωριστεί ως μία από τις ταχύτερα αναπτυσσόμενες αναπτυξιακές αναπηρίες που επηρεάζει όλες τις εθνότητες. Ο ερχομός ενός παιδιού με αναπηρία έχει τη δυνατότητα είτε να αποδυναμώσει τις οικογενειακές σχέσεις είτε να αποτελέσει πηγή ενότητας στην οικογένεια. Ο αντίκτυπος του επηρεάζει όχι μόνο τους γονείς, αλλά και τα αδέρφια και τη διαπροσωπική αλληλεπίδραση μεταξύ των μελών της οικογένειας.

Μόνο λίγες μελέτες έχουν εξετάσει την ψυχολογική λειτουργία και την ευημερία των γονέων παιδιών με ΔΑΦ. Οι γονείς μπορεί να βιώσουν διαφορετικές ατομικές, οικογενειακές και κοινωνικές καταστάσεις. Η γονική ευημερία θα πρέπει να θεωρείται δείκτης του τρόπου με τον οποίο οι οικογένειες αντιμετωπίζουν το γεγονός ότι έχουν ένα παιδί με αυτισμό. Οι γονείς παιδιών με ΔΑΦ διατρέχουν αυξημένο κίνδυνο να αντιμετωπίσουν αρνητικές ψυχολογικές δυσκολίες.

Στη βιβλιογραφική αυτή ανασκόπηση αναζητήθηκαν άρθρα στην αγγλική γλώσσα από διάφορες βάσεις δεδομένων και μηχανές αναζήτησης. Οι στρατηγικές αντιμετώπισης της οικογένειας περιελάμβαναν την πίστη στον Θεό, την παρακολούθηση συνεδριών παροχής συμβουλών και την αποδοχή της κατάστασης, μεταξύ άλλων. Συνεπώς, οι παραπάνω μελέτες επιβεβαιώνουν το εύρημα, ότι οι οικογένειες που λαμβάνουν διάγνωση ΔΑΦ για το παιδί τους, αντιμετωπίζουν μια πληθώρα συναισθημάτων και πληροφορίες που πρέπει να διευθετηθούν και που αμέσως μετά τη λήψη της διάγνωσης, η ενθάρρυνση και η βοήθεια που αποκτάται μέσω επαρκών και αποτελεσματικών μηχανισμών υποστήριξης μπορεί να είναι ανεκτίμητη για να βοηθήσουν ολόκληρη την οικογενειακή μονάδα να περάσει μια δύσκολη περίοδο.

Ο κύριος στόχος αυτής της μελέτης ήταν η κατανόηση του αυτισμού και της επίδρασής του στην οικογένεια κατά την πρώτη κιόλας διάγνωση της διαταραχής. Πιο συγκεκριμένα, η εργασία επικεντρώνεται στον αντίκτυπο της διάγνωσης στους γονείς. Στόχος της βιβλιογραφικής μας έρευνας ήταν η αξιολόγηση της ποιότητας ζωής των γονέων, του μητρικού στρες, των μικρότερων και εφήβων αδελφών του αυτιστικού παιδιού. Επιδιώκεται να κατανοηθεί η αντίληψη, οι απόψεις, οι σκέψεις, οι απόψεις και το επίπεδο αποδοχής του παιδιού στην οικογένεια.

Λέξεις κλειδιά: Διαταραχή Αυτιστικού Φάσματος, οικογένεια, παιδιά.

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