



ΔΗΜΟΚΡΙΤΕΙΟ ΠΑΝΕΠΙΣΤΗΜΙΟ ΘΡΑΚΗΣ  
ΣΧΟΛΗ ΚΛΑΣΙΚΩΝ ΚΑΙ ΑΝΘΡΩΠΙΣΤΙΚΩΝ  
ΣΠΟΥΔΩΝ

ΤΜΗΜΑ ΕΛΛΗΝΙΚΗΣ ΦΙΛΟΛΟΓΙΑΣ

σε συνεργασία με το

ΕΘΝΙΚΟ ΚΕΝΤΡΟ ΕΡΕΥΝΑΣ ΦΥΣΙΚΩΝ

ΕΠΙΣΤΗΜΩΝ «ΔΗΜΟΚΡΙΤΟΣ»

ΙΝΣΤΙΤΟΥΤΟ ΠΛΗΡΟΦΟΡΙΚΗΣ ΚΑΙ ΤΗΛΕΠΙΚΟΙΝΩΝΙΩΝ

## Κοινωνικοσυναισθηματική Ανάπτυξη Παιδιών με Ειδικές Εκπαιδευτικές Ανάγκες/Αναπηρία

ΜΕΤΑΠΤΥΧΙΑΚΗΔΙΑΤΡΙΒΗ

Αλίκη Παπαδοπούλου, Α.Μ. 610

Επιβλέπων Καθηγητής: Κωνσταντίνος, Λολίτσας

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## ΠΕΡΙΛΗΨΗ

Η παρούσα μεταπτυχιακή διατριβή αποτελεί μία βιβλιογραφική ανασκόπηση που επιχειρεί να καταγράψει τα ευρήματα της σύγχρονης επιστημονικής έρευνας σε σχέση με την Κοινωνικοσυναισθηματική Ανάπτυξη παιδιών με Ειδικές Εκπαιδευτικές Ανάγκες και Αναπηρίες. Αρχικά γίνεται μία εισαγωγή στην οποία διασαφηνίζονται οι όροι Αναπηρία και Ειδικές Εκπαιδευτικές Ανάγκες, Ειδική Αγωγή και Εκπαίδευση, Ένταξη και Συνεκπαίδευση. Έπειτα, αναφέρονται τα αποτελέσματα της Ένταξης/Συνεκπαίδευσης και απαραίτητες προϋποθέσεις για την επιτυχία της, ενώ η εισαγωγή ολοκληρώνεται με την παρουσίαση των στάσεων και των αντιλήψεων εκπαιδευτικών και συνομηλίκων απέναντι στην συνεκπαίδευση. Το κύριο μέρος της παρούσας βιβλιογραφικής ανασκόπησης, αρχικά διασαφηνίζει την έννοια της Κοινωνικοσυναισθηματικής Ανάπτυξης και καταγράφει τα χαρακτηριστικά γνωρίσματα των παιδιών με Ειδικές Εκπαιδευτικές Ανάγκες και Αναπηρίες στους τομείς της κοινωνικής και συναισθηματικής επάρκειας. Ενώ στην συνέχεια, παρουσιάζονται οι μέθοδοι και τα αποτελέσματα σύγχρονων προγραμμάτων παρέμβασης που αποσκοπούν στην ανάπτυξη των κοινωνικών και των συναισθηματικών δεξιοτήτων των παιδιών με ΕΕΑ και Αναπηρίες, ώστε να ανιχνευθεί ο βαθμός αποτελεσματικότητάς τους. Για την συγγραφή της παρούσας εργασίας και την συλλογή των απαραίτητων δεδομένων πραγματοποιήθηκε έρευνα σε ψηφιακές και φυσικές βιβλιοθήκες, από τις οποίες επιλέχθηκαν αξιόπιστα βιβλία, άρθρα και διατριβές σχετικές με την Κοινωνικοσυναισθηματική Ανάπτυξη παιδιών με ΕΕΑ και Αναπηρίες. Μέσω της ανασκόπησης του υλικού συμπεραίνουμε ότι οι Κοινωνικοσυναισθηματικές δεξιότητες και η ανάπτυξη αυτών είναι απαραίτητες και καθοριστικές για την σχολική, επαγγελματική, κοινωνική και προσωπική ζωή των ατόμων με ΕΕΑ και Αναπηρίες, ενώ η πλειοψηφία των προγραμμάτων παρέμβασης για την ενίσχυση αυτών των δεξιοτήτων παρουσιάζουν υψηλό βαθμό αποτελεσματικότητας.

**Λέξεις-κλειδιά:** Αναπηρία, Ειδικές Εκπαιδευτικές Ανάγκες, Κοινωνικοσυναισθηματική Ανάπτυξη, Κοινωνική επάρκεια, Συναισθηματική επάρκεια, Παρέμβαση

περαιτέρω διερεύνησης της, καθώς το ερευνητικό ενδιαφέρον για το συγκεκριμένο θέμα είναι περιορισμένο σε σύγκριση με άλλα του κλάδου της Ειδικής Αγωγής και Εκπαίδευσης.

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